**Supplementary Table 3. Logistic regression on the correlates of first contact with mental health services**

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|  | **First contact with mental health services** **(Yes vs. No)** |
| *Predictors* | *Odds Ratios* | *CI* | *p* |
| (Intercept) | 4.28 | 0.01 – 2760.60 | 0.650 |
| Mental health condition: ( Yes vs No) | 1.55 | 0.45 – 5.23 | 0.479 |
| Physical health condition: ( Yes vs No) | 1.41 | 0.34 – 5.54 | 0.622 |
| Age | 1.02 | 0.95 – 1.11 | 0.609 |
| GAF score  | 0.98 | 0.91 – 1.05 | 0.547 |
| WAIS IV verbal ability  | 1.00 | 0.96 – 1.04 | 0.980 |
| Gender: Female | 0.45 | 0.11 – 1.72 | 0.244 |
| In relationship: ( Yes vs No) | 2.02 | 0.25 – 31.93 | 0.557 |
| Parenting status: ( Yes vs No) | 0.22 | 0.01 – 3.07 | 0.278 |
| Tertiary education: ( Yes vs No) | 1.64 | 0.36 – 7.07 | 0.508 |
| History of psychiatric hospitalization: ( Yes vs No) | 4.33 | 0.66 – 89.41 | 0.202 |
| History of suicide attempt( Yes vs No) | 1.40 | 0.23 – 12.29 | 0.732 |
| ADOS\_2 social communication total score | 0.99 | 0.85 – 1.15 | 0.852 |
| Observations | 88 |
| R2 Tjur | 0.071 |