**eAppendix 3: Excluded studies**

As summarized in Figure 1, the current review excluded 35 studies for the following reasons.

* Ten studies were excluded because they investigated multidisciplinary treatments, combination treatments, or because treatment conditions were pooled in the analysis (Brown, Khorana, & Jason, 2011; Goldsmith, Dunn, Bentall, Lewis, & Wearden, 2015; Hlavaty, Brown, & Jason, 2011; Jason, Benton, & Torres-Harding, 2009; Lloyd et al., 1993; Nunez et al., 2011; Wearden et al., 2010; Wearden, Dunn, Dowrick, & Morriss, 2012; Wearden et al., 1998; Wearden & Emsley, 2013).
* Eight studies were excluded as they were not randomized or controlled (Powell et al., 2004; Quarmby et al., 2007; Roberts et al., 2010; Sharpe, 1998; Thomas et al., 2006; Thomas et al., 2008; Thomas & Smith, 2007; White & Naish, 2001).
* Six studies were excluded because they did not meet our criteria for CBT or GET in either content or duration, or both (Hall et al., 2017; Lopez et al., 2011; Pinxsterhuis, Sandvik, Strand, Bautz-Holter, & Sveen, 2017; Rimes & Wingrove, 2013; Santaella, Font, & Disdier, 2004; Taylor, 2004).
* Five studies were excluded because screening or assessment of CFS was not conducted by a secondary care medical doctor or psychiatrist (O’Dowd, Gladwell, Rogers, Hollinghurst, & Gregory, 2006; Tummers, Knoop, van Dam, & Bleijenberg, 2012, 2013; Wallman, Morton, Goodman, Grove, & Guilfoyle, 2004; Whitehead & Campion, 2002).
* Two studies were excluded as participants did not meet full criteria for CFS (Prins et al., 2001; Prins, Bleijenberg, Rouweler, & van der Meer, 2005).
* One study was excluded as it did not report original data (Wilshire, Kindlon, Matthees, & McGrath, 2017).
* One study was excluded as it did not report dichotomous outcomes of interest (Burgess, Andiappan, & Chalder, 2012).
* One study was excluded as a diagnosis of idiopathic chronic fatigue was used as entry criteria (Prins, Bazelmans, van der Werf, van der Meer, & Bleijenberg, 2002).
* One study was excluded as participants had received non-study treatment (Deale, Husain, Chalder, & Wessely, 2001).

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