Supplementary

Table S1: Complete list of mild, to severe adverse effects across conditions

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|   | CBT+PBO (n = 48)  | CBT+SERT (n = 49)  |
| 1. Tremors
 | 5 (10.4)  | 7 (14.3)  |
| 1. Fever
 | 5 (10.4)  | 4 (8.2)  |
| 1. Headache
 | 15 (31.3)  | 9 (18.4)  |
| 1. Dizziness
 | 6 (12.5)  | 8 (16.3)  |
| 1. Body ache
 | 12 (25)  | 12 (24.5)  |
| 1. Weightloss/decreased appetite
 | 7 (14.6)  | 6 (12.2)  |
| 1. Stomach pain
 | 18 (37.5)  | 18 (36.7)  |
| 1. Gastric distress
 | 11 (22.9)  | 10 (20.4)  |
| 1. Constipation
 | 8 (16.7)  | 7 (14.3)  |
| 1. Diarrhoea
 | 9 (18.8)   | 10 (20.4)  |
| 1. Nausea
 | 12 (25.0)  | 15 (30.6)  |
| 1. Vomiting
 | 2 (4.2)  | 7 (14.3)  |
| 1. Sore Throat
 | 25 (52.1)  |  18 (36.7)  |
| 1. Cold/Upper Respiratory symptoms
 | 27 (56.3)  | 26 (53.1)  |
| 1. Insomnia/interrupted sleep
 | 24 (50)  | 25 (51)  |
| 1. Drowsiness
 | 5 (10.4)  | 9 (18.4)  |
| 1. Fatigue
 | 13 (27.1)  | 15 (30.6)  |
| 1. Agitation
 | 25 (52.1)  | 23 (46.9)  |
| 1. Restless or fidgety
 | 21 (43.8)  | 20 (40.8)  |
| 1. Disobedient/defiant
 | 28 (58.3)  | 22 (44.9)  |
| 1. Anxiety/nervousness
 | 40 (83.3)  | 33 (67.3)  |
| 1. Irritability
 | 34 (70.8)  | 28 (57.1)  |
| 1. Emotional Outbursts
 | 35 (72.9)  | 28 (57.1)  |
| 1. Rage/Aggressive outbursts
 | 19 (39.6)  | 12 (24.5)  |
| 1. Hyperactivity
 | 8 (16.7)  | 9 (18.4)  |
| 1. Disinhibition
 | 8 (16.7)  | 7 (14.3)  |
| 1. Impulsivity
 | 5 (10.4)  | 5 (10.2)  |
| 1. Difficulty thinking/confusion
 | 10 (20.8)  | 10 (20.4)  |
| 1. Accidental injury
 | 3 (6.3)  | 7 (14.3)  |
| 1. Skin rashes
 | 7 (14.6)  | 5 (10.2)  |
| 1. Allergy
 | 5 (10.4)  | 3 (6.1)  |
| 1. Asthma
 | 4 (8.3)  |  2 (4.1)  |
| 1. Thoughts of killing self
 | 2 (4.2)  | 3 (6.1)  |
| 1. Self harm
 | 0 (0)  | 1 (2)  |
| 1. Suicide attempt
 | 0 (0)  | 0 (0)  |
| 1. Thoughts of killing someone else
 | 0(0)  | 1 (2)  |

Note: This table does not include the two children removed from the study due to suicidal ideation at session as these children did not receive medication.