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| **Supplementary Table 1.** Sociodemographic and psychological wellbeing characteristics. |
|  | *Mean (SD); No./total No. (%)* |
|  | Total Sample (n=202) | Nurses (n=139) | Physicians (n=63) |
| Gender |   |   |   |
| Female  | 155/202 (76.7) | 113/139 (81.3) | 42/63 (66.7) |
| Male  | 47/202 (23.3) | 26/139 (18.7) | 21/63 (33.3) |
| Age |  |  |  |
| 20 - 30 years | 47/202 (23.3) | 38/139 (27.3) | 9/63 (14.3) |
| 31 - 40 years | 65/202 (32.2) | 40/139 (28.8) | 25/63 (39.7) |
| 41 - 50 years  | 58/202 (28.7) | 42/139 (30.2) | 16/63 (25.4) |
| 50 - 65 years | 32/202 (15.8) | 19/139 (13.7) | 13/63 (20.6) |
| Civil status  |   |   |   |
|  Single  | 72/202 (35.6) | 48/139 (34.5) | 24/63 (38.1) |
|  Married/in relationship | 112/202 (55.4) | 86(139 (54.7) | 36/63 (57.1) |
|  Divorced/separated | 18/202 (8.9) | 15/139 (10.8) | 3/63 (4.8) |
| Posttraumatic stress | 28.1 (17) | 29.1 (17) | 26.1 (17.1) |
| Posttraumatic growth  | 37.1 (24.7) | 38.8 (24.4) | 33.2 (25.1) |
| Resilience  | 26.6 (8.1) | 26.3 (8.2) | 27.9 (7.8) |
| Emotion Regulation Strategies |  |  |  |
| Cognitive Reappraisal | 28.8(8.4) | 26.7 (8.5) | 26.9 (8.4) |
| Emotion Suppression | 14.3 (5.5) | 14.1 (5.5) | 14.8 (5.5) |
| Social Support  | 15.1 (3.7) | 15.2 (3.7) | 15.0 (3.8) |
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