Supplemental material

Table S1: correlation between actigraphy measures of physical activity, sleep and circadian rhythm

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | **Physical activity** | **Sleep** | | **Circadian rhythm** | |
|  |  | **Gross motor activity** | **Sleep duration** | **Sleep efficiency** | **Relative amplitude between daytime and night-time activity** | **Sleep midpoint** |
| **Physical activity** | **Gross motor activity** | 1 | -0.147 | 0.039 | 0.626 | -0.037 |
| **Sleep** | **Sleep duration** |  | 1 | 0.293 | 0.019 | -0.047 |
| **Sleep efficiency** |  |  | 1 | 0.125 | -0.030 |
| **Circadian rhythm** | **Relative amplitude between daytime and night-time activity** |  |  |  | 1 | -0.079 |
| **Sleep midpoint** |  |  |  |  | 1 |