**Appendix 2: Figures**

Figure S2.1 Distribution of response to the Global Rating of Change Scale over time





*Figure S2.2a: Distribution of change in PHQ9 scores for those reporting “Feeling better” and those reporting “Feeling the same” according to baseline CIS-R strata with the MCID depicted.*

*Figure S2.2b: Distribution of change in BDI-II scores for those reporting “Feeling better” and those reporting “Feeling the same” according to baseline CIS-R strata with the MCID depicted.*

*Figure S2.2c: Distribution of change in GAD-7 scores for those reporting “Feeling better” and those reporting “Feeling the same” according to baseline CIS-R strata with the MCID depicted.*

