**Supplementary Materials**

**Table 1. Secondary Analyses on Symptoms Checklist 90-R Symptom Clusters**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Community MBSR & RCT WLC contrast** | **RCT MBSR & WLC contrast** | **Community & RCT MBSR contrast** |
|  | **Average symptom change (*se)*** | | |
| **Anxiety** | *β* = -0.03 (0.04), *t*(317) = -0.86, *p =*.678 | *β* = -0.03(0.03), *t*(459) = -0.75, *p =*.678 | *β* = -0.01*,* (0.03), *t*(286) = -0.17, *p =*.868 |
| **Depression** | *β* = -0.17 (0.05), *t*(368) = -3.35, *p =*.003 | *β* = -0.07 (0.05), *t*(455) = -1.44, *p =*.151 | *β* =- 0.10 (0.05), *t*(349) = -2.14, *p =*.050 |
| **Interpersonal**  **Sensitivity** | *β* = -0.10 (0.04), *t*(330) = -2.26, *p =*.074 | *β* = -0.07 (0.04), *t*(456) = -1.63, *p =*.156 | *β* = -0.03 (0.04), *t*(324) = -0.78, *p =*.438 |
| **Paranoid**  **Ideation** | *β* = -0.23(0.04), *t*(368) = -6.08, *p* <.001 | *β* = -0.04 (0.04), *t*(437) = -1.11, *p =*.269 | *β* = -0.19 (0.03), *t*(411) = -5.57, *p <* .001 |
| **Psychoticism** | *β* = -0.05 (0.03), *t*(395) = -2.39, *p =*.051 | *β* = -0.01 (0.03), *t*(468) = -0.46, *p =*.649 | *β* = -0.05 (0.02), *t*(390) = -2.11, *p =*.053 |
|  | **Proportion with greater symptoms (*se)*** | | |
| **Anxiety** | *β* = -0.65 (0.46), *t*(314) = -2.16, *p =*.093 | *β* = -0.11 (0.30), *t*(445) = -0.40, *p =*.693 | *β* = -0.54 (0.29), *t*(280) = -1.88, *p =*.093 |
| **Depression** | *β* = -1.25 (0.28), *t*(339) = -4.47, *p <*.001 | *β* = -0.18 (0.26), *t*(442) = -0.68, *p =*.500 | *β* = -1.07 (0.26), *t*(325) = -4.07, *p* <.001 |
| **Interpersonal**  **Sensitivity** | *β* = -0.77 (0.28), *t*(330) = -2.79, *p =*.018 | *β* = -0.34 (0.27), *t*(439) = -1.27, *p =*.205 | *β* = -0.43 (0.26), *t*(318) = -1.65, *p =*.150 |
| **Paranoid**  **Ideation** | *β* = -1.49 (0.35), *t*(238) = -4.21, *p* <.001 | *β* = -0.81 (0.30), *t*(408) = -2.69, *p =*.011 | *β* = -0.68 (0.35), *t*(285) = -1.94, *p* =.054 |
| **Psychoticism** | *β* = -0.95 (0.31), *t*(275) = -3.06, *p <*.001 | *β* = -0.34 (0.28), *t*(427) = -1.20, *p =*.231 | *β* = -0.62 (0.31), *t*(236) = -1.99, *p =*.072 |
|  | **Proportion > 35% increase in symptoms (*se)*** | | |
| **Anxiety** | *β* = -1.06 (0.33), *t*(273) = -3.26, *p =*.002 | *β* = -0.04 (0.30), *t*(381) = -0.13, *p =* .896 | *β* = -1.02 (0.31), *t*(248) = -3.26, *p =* .015 |
| **Depression** | *β* = -1.74 (0.33), *t*(277) = -5.30, *p <*.001 | *β* = -0.30 (0.27), *t*(421) = -1.10, *p =* .274 | *β* = -1.44 (0.30), *t*(306) = -4.75. *p <*.001 |
| **Interpersonal**  **Hostility** | *β* = -1.10 (0.30), *t*(334) = -3.71, *p <*.001 | *β* = -0.40 (0.39), *t*(419) = -1.41, *p =*.158 | *β* = -0.70 (0.28), *t*(321) = -2.31, *p* =.020 |
| **Paranoid**  **Ideation** | *β* = -1.70 (0.38), *t*(212) = -4.52, *p <*.001 | *β* = -0.84 (0.34), *t*(291) = -2.52, *p =*.019 | *β* = -0.86 (0.37), *t*(234) = -2.50, *p* =.022 |
| **Psychoticism** | *β* = -1.38 (0.35), *t*(234) = -4.94, *p <*.001 | *β* = -0.42 (0.33), *t*(274) = -1.26, *p =*.206 | *β* = -0.96 (0.34), *t*(215) = -2.85, *p =*.008 |

Note: se = standard error. All *p* – values are False Discovery Rate corrected.