**Appendix 2**. Adjusted hazard ratios for self-harm in women with **postpartum mental disorders with onset within 0-6 months** postpartum and four comparison groups

|  |  |  |
| --- | --- | --- |
|  | Hazard ratio (HR)1 | 95%CI |
| Women with postpartum mental disorders2 | 6.6 | 5.4-7.9 |
| Mothers without mental disorders3 | 1 | reference |
|  |  |  |
| Mothers with mental disorders diagnosed outside the postpartum period4 | 9.6 | 9.2-10.0 |
| Childless women *with* mental disorders5 | 8.6 | 8.2-9.0 |
| Childless women *without* mental disorders6 | 0.9 | 0.8-0.9 |

1: Adjusted for calendar time and family history of mental illness, family history of self-harm and family history of suicide.

2: Women with any first psychiatric inpatient or outpatient contact to a psychiatric facility within 180 days after giving birth to her first child.

3: Women with a record of childbirth but without any record of a psychiatric inpatient or outpatient contact.

4: Women with a record of childbirth and an inpatient or outpatient contact to a psychiatric facility outside the 180-day postpartum period.

5: Women without any record of childbirth but with a first inpatient or outpatient contact to a psychiatric facility.

6: Women without any record of childbirth and without any record of an inpatient or outpatient contact to a psychiatric facility.