**Supplementary table 2:** Frequency distribution of responses, means (SD), and item-total correlations for the items of the SSD-12 (n = 372; SSD no: n = 163; SSD yes: n = 209)

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **SSD-12 items** | | | | | | | | | |
|  | | | **missings** | **never (0)** | **rarely (1)** | **sometimes (2)** | **often (3)** | **very often (4)** | **mean (SD)** | **rR** |
| **I think that my physical symptoms are signs of a serious illness.** | | **SSD no** | 2.5% | 15.3% | 29.4% | 31.3% | 14.7% | 6.7% | 1.7 (1.1) | 0.5 |
| **SSD yes** | 2.9% | 5.7% | 13.4% | 34.9% | 27.3% | 15.8% | 2.4 (1.1) | 0.5 |
| **I am very worried about my health.** | | **SSD no** | 1.2% | 4.9% | 23.3% | 35.0% | 26.4% | 9.2% | 2.1 (1.0) | 0.6 |
| **SSD yes** | 1.0% | 2.4% | 5.7% | 21.1% | 40.2% | 29.7% | 2.9 (1.0) | 0.6 |
| **My health concerns hinder me in everyday life.** | | **SSD no** | 0.6% | 8.0% | 27.6% | 21.5% | 25.2% | 17.2% | 2.2 (1.2) | 0.7 |
| **SSD yes** | 0.0% | 3.3% | 9.6% | 20.6% | 33.0% | 33.5% | 2.8 (1.1) | 0.6 |
| **I am convinced that my symptoms are serious.** | | **SSD no** | 5.5% | 12.3% | 27.6% | 25.8% | 19.6% | 9.2% | 1.9 (1.2) | 0.6 |
| **SSD yes** | 1.9% | 5.7% | 8.6% | 22.5% | 38.8% | 22.5% | 2.7 (1.1) | 0.6 |
| **My symptoms scare me.** | | **SSD no** | 2.5% | 15.3% | 17.8% | 34.4% | 17.2% | 12.9% | 1.9 (1.2) | 0.7 |
| **SSD yes** | 0.5% | 2.9% | 12.4% | 20.1% | 28.2% | 35.9% | 2.8 (1.1) | 0.7 |
| **My physical complaints occupy me for most of the day.** | | **SSD no** | 1.8% | 20.2% | 26.4% | 26.4% | 16.0% | 9.2% | 1.7 (1.2) | 0.8 |
| **SSD yes** | 1.9% | 8.1% | 12.0% | 27.8% | 26.8% | 23.4% | 2.5 (1.2) | 0.7 |
| **Others tell me that my physical problems are not serious.** | | **SSD no** | 4.9% | 43.6% | 27.6% | 10.4% | 8.6% | 4.9% | 1.0 (1.2) | 0.2 |
| **SSD yes** | 4.3% | 25.4% | 22.0% | 22.5% | 17.7% | 8.1% | 1.6 (1.3) | 0.3 |
| **I'm worried that my physical complaints will never stop.** | | **SSD no** | 3.1% | 19.6% | 24.5% | 19.0% | 17.8% | 16.0% | 1.9 (1.4) | 0.8 |
| **SSD yes** | 1.4% | 7.2% | 11.5% | 24.9% | 28.7% | 26.3% | 2.6 (1.2) | 0.6 |
| **My worries about my health take my energy.** | | **SSD no** | 4.3% | 18.4% | 20.2% | 22.7% | 20.9% | 13.5% | 1.9 (1.3) | 0.8 |
| **SSD yes** | 2.4% | 4.3% | 12.4% | 22.5% | 29.7% | 28.7% | 2.7 (1.2) | 0.8 |
| **I think that doctors do not take my physical complaints seriously.** | | **SSD no** | 5.5% | 47.9% | 18.4% | 16.0% | 8.0% | 4.3% | 1.0 (1.2) | 0.4 |
| **SSD yes** | 2.9% | 23.0% | 23.4% | 23.9% | 15.3% | 11.5% | 1.7 (1.3) | 0.5 |
| **I am worried that my physical symptoms will continue into the future.** | | **SSD no** | 3.1% | 12.9% | 20.2% | 23.9% | 25.2% | 14.7% | 2.1 (1.3) | 0.7 |
| **SSD yes** | 0.5% | 3.8% | 11.5% | 28.7% | 30.6% | 24.9% | 2.6 (1.1) | 0.7 |
| **Due to my physical complaints, I have poor concentration on other things.** | | **SSD no** | 2.5% | 16.0% | 16.6% | 25.2% | 22.1% | 17.8% | 2.1 (1.3) | 0.8 |
| **SSD yes** | 0.0% | 4.3% | 7.7% | 20.1% | 31.1% | 36.8% | 2.9 (1.1) | 0.7 |

*note:* rR = item-total correlation