**Table 3.** Continuous Measures and Coefficients of Slopes Derived from Mixed-Effects Random Regression Models for the Secondary Outcome Measures

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | GSI | | | | BDI | | | | PAI-BOR | | | |
|  | S-TAU |  | MBT-DH |  | S-TAU |  | MBT-DH |  | S-TAU |  | MBT-DH |  |
|  | (n=41) |  | (n=54) |  | (n=41) |  | (n=54) |  | (n=41) |  | (n=54) |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| Baseline | 2.13 | 0.68 | 2.09 | 0.78 | 31.86 | 10.4 | 31.51 | 9.67 | 51.45 | 7.74 | 50.52 | 9.45 |
| 6 months | 1.76 | 0.91 | 1.99 | 0.88 | 24.58 | 11.74 | 30.33 | 14.37 | 47.43 | 11.7 | 46.07 | 12.26 |
| 12 months | 1.83 | 0.76 | 1.67 | 1.01 | 25.31 | 9.78 | 25.47 | 13.95 | 48.38 | 40.13 | 40.13 | 12.36 |
| 18 months | 1.31 | 0.73 | 1.48 | 1.10 | 21.11 | 9.1 | 22.50 | 16.57 | 41.78 | 11.65 | 41.18 | 15.6 |
|  | Coefficient |  | 95% CI |  | Coefficient |  | 95% CI |  | Coefficient |  | 95% CI |  |
| Model: Wald χ2 (df=3) | 21.77 |  |  |  | 26.01 |  |  |  | 24.54 |  |  |  |
| Linear change (both groups) | -0.25\*\* |  | -0.41, -0.08 |  | -4.47\*\*\* |  | -6.95, -2.00 |  | -3.27\* |  | -5.97, -0.58 |  |
| Differential linear change (MBT-DH) | 0.02 |  | -0.30, 0.34 |  | 1.08 |  | -3.80, 5.96 |  | -0.98 |  | -5.19, 3.23 |  |
| *d* | 1.17 |  | 0.64 |  | 1.10 |  | 0.66 |  | 0.98 |  | 0.72 |  |

**Table 3.** Continued:

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | IIP-64 | | | | EQ-5D | | | |
|  | S-TAU |  | MBT-DH |  | S-TAU |  | MBT-DH |  |
|  | (n=41) |  | (n=54) |  | (n=41) |  | (n=54) |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| Baseline | 3.10 | 0.38 | 3.16 | 0.38 | 0.39 | 0.27 | 0.42 | 0.33 |
| 6 months | 2.88 | 0.57 | 3.10 | 0.51 | 0.53 | 0.31 | 0.41 | 0.31 |
| 12 months | 3.02 | 0.42 | 2.88 | 0.59 | 0.46 | 0.28 | 0.46 | 0.36 |
| 18 months | 2.75 | 0.57 | 2.78 | 0.63 | 0.60 | 0.25 | 0.51 | 0.37 |
|  | Coefficient |  | 95% CI |  | Coefficient |  | 95% CI |  |
| Model: Wald χ2 (df=3) | 16.65 |  |  |  | 8.73 |  |  |  |
| Linear change (both groups) | -0.11\* |  | -0.22, -0.01 |  | 0.08\*\* |  | 0.02, 0.15 |  |
| Differential linear change (MBT-DH) | 0.09 |  | -0.09, 0.27 |  | 0.01 |  | -0.13, 0.14 |  |
| *d* | 0.72 |  | 0.73 |  | 0.81 |  | 0.26 |  |

*Note.* MBT-DH = Day Hospital Mentalization-Based Treatment, S-TAU = Specialist treatment as usual, SD = standard deviation, GSI = Global Severity Index, BDI = Beck Depression Inventory, PAI-BOR = Personality Assessment Inventory-Borderline, IIP-64 = Inventory of Interpersonal Problems, CI = Confidence Interval.\*p < .05, \*\*p < .01, \*\*\*p < .001