Table S1

*Factor loadings and allocation of variables resulting from exploratory factor analysis.*

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| --- | --- | --- |
|  | Factor Loadings |  |
| Variables | *Duration of Illness* | *Hospitalization* | Communalities |
| Number of lifetime depressive episodes | .61 (x) | .30 | .46 |
| Time since first lifetime depressive symptoms (months) | .93 (x) | -.05 | .87 |
| Time since first lifetime psychiatric symptoms (months) | .86 (x) | -.04 | .74 |
| Cumulative lifetime duration of depression (months) | .75 (x) | -.04 | .56 |
| Cumulative lifetime duration of psychiatric hospitalization (weeks) | -.09 | .98 (x) | .97 |
| Number of lifetime psychiatric hospitalizations | .05 | .92 (x) | .85 |

Factor loadings obtained after promax rotation. (x) indicating the allocation of variable to factor.