Supplementary Table 2.

*Frequencies for specific disordered eating behaviours at baseline and 12-month follow-up over the past 28 days*

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Baseline | | |  |  | 12-Month Follow-up | | | |
| *MS-T*  (n=122) | *SB*  (T1 n=98) | *Controls*  (n=194) | *MS-T*  (n=60) | | *SB*  (n=60) | Controls  (n=145) | |
| DE | 79 (64.8%) | 72 (73.4%) | 121 (62.7%) | | 22 (36.7%) | | 33 (55.0%) | | 79 (54.5%) |
| - OBE | 40a /15 b/4 c/16 d  48(39.3%)w | 39a /18 b/3 c/6 d  41(42.3%)w | 76a /40 b/4 c/12 d  83(43.0%)w | | 22a /8 b/0 c/3 d  17(28.3%)w | | 28a /7 b/3 c/4 d  22(36.7%)w | | 69a /16 b/3 c/8 d  50(34.5%)w |
| - Vomiting | 7a /2 b/0 c/5 d  9(7.4%)w | 14a /2 b/1 c/3 d  9(9.3%)w | 24a /8 b/1 c/3 d  18(9.3%)w | | 7a /1 b/1 c/2 d  7(11.7%)w | | 4a /4 b/0 c/1 d  6(10.0%)w | | 16a /4 b/1 c/5 d  16(11.0%)w |
| - Laxatives | 9a /3 b/2 c/0 d  8(6.6%)w | 7a /1 b/1 c/1 d  4(4.1%)w | 13a /3 b/0 c/2 d  9(4.7%)w | | 7a /0 b/0 c/0 d  2(3.3%)w | | 3a /2 b/1 c/0 d  5(8.3%)w | | 10a /2 b/0 c/0 d  6(4.1%)w |
| - Fasting | 27a /9 b/7 c/12 d  28(23.0%)w | 24a /4 b/8 c/11 d  23(24.0%)w | 33a /11 b/10 c/21 d  42(21.8%)w | | 13a /2 b/2 c/4 d  8(13.3%)w | | 14a /4 b/1 c/6 d  11(18.3%)w | | 27a /9 b/10 c/12 d  31(21.4%)w |
| - BMI<18.5 | 13 (10.7%) | 9 (9.5%) | 15 (7.9%) | | 3 (5%) | | 6 (10.5%) | | 13 (9.2%) |

Note: DE= disordered eating; OBE=objective binge eating episode; BMI=body mass index; frequencies of OBE and fasting indicated by: a=1-5 days; b=6-12 days; c =13-15days; d= >16 days; frequencies of vomiting and laxatives indicated by: a=1-5 times; b=6-12 times; c =13- times; d= >16 times; w= DE behaviour at least once/week over the last 28 days (as indicated by an occurrence of >= 4 days/times for frequency of behaviour)