**Appendix 1.** *Classification of interpersonal and non-interpersonal stressful life events*

|  |
| --- |
| *Interpersonal events* |
| * I fought with someone at schoola
 |
| * I was bullied at school or in my neighborhooda
 |
| * I had problems with someone at worka
 |
| * I was sexually harassed at school or worka
 |
| * I started dating someone or resumed a relationshipa
 |
| * I broke up with my boyfriend or girlfrienda
 |
| * I have had a relationship problem with my significant othera
 |
| * I was physically or sexually abused by my significant othera
 |
| * I broke off an engagementa
 |
| * I lived with my significant othera
 |
| * I had sex for the first timea
 |
| * I got pregnanta
 |
| * I had an abortion or miscarriagea
 |
| * I told someone that I was bisexual or homosexualb
 |
| * A parent or sibling diedc
 |
| * A close relative diedc
 |
| * A close friend dieda
 |
| * Someone new moved into my houseb
 |
| * Someone moved out of my housec
 |
| * I lived with someone other than my mom or dadb
 |
| * My parents divorced or separatedc
 |
| * I fought more with my parentsc
 |
| * I fought more with my siblingc
 |
| * I argued more with other relativesc
 |
| * I was hurt or punched by someoneb
 |
| * I was sexually hurt or touched in private partsb
 |
| * I had an increase in arguments or relationship problems with a frienda
 |
| * I had problems being liked by classmatesa
 |
| * I stopped talking to a good frienda
 |
| * I found out I was adoptedc
 |
| * I had other problems with family members, close friends, or classmatesb
 |
| *Not interpersonal events* |
| * I changed schools
 |
| * I did not get accepted into a school
 |
| * I had difficulty with grades or school work
 |
| * I did poorly on an important standardized test
 |
| * I did not make a sports team or club that I tried out for
 |
| * I had problems at my job
 |
| * I was fired from a job
 |
| * I testified in court concerning my work
 |
| * My job affected other aspects of my life
 |
| * I did not get hired for a job I applied for
 |
| * My parent had problems at work?
 |
| * My parent were not home because of work
 |
| * My parent was fired from his/her job
 |
| * My parent was out of work
 |
| * My family had money problems
 |
| * There were problems with my house
 |
| * I moved
 |
| * My family had problems buying or selling a house
 |
| * My home was damaged by fire, flood, storm, tornado, or other event
 |
| * My neighborhood was not safe (violence, crimes, gangs)
 |
| * I was a victim of crime
 |
| * I was caught committing a crime
 |
| * A close friend or family member was a victim of a crime
 |
| * A close friend or family members had trouble with the police
 |
| * I witnessed a violent crime or some other type of violence
 |
| * I changed in physical appearance and did not like it
 |
| * I started my menstrual cycle for the first time
 |
| * I was in the hospital or had an operation
 |
| * I had a bad accident or health problem
 |
| * I had long term health problems
 |
| * A close friend or family member was in the hospital or had an operation
 |
| * A close friend or family member was badly hurt
 |
| * My close friend or relative had health problems
 |
| * A family member or close friends saw a doctor about his/her feelings
 |
| * A close friend or family member tried to hurt or kill themself
 |
| * My parents (including step-parents) had or are expecting a baby
 |
| * Someone else in my house had a baby (other than parents)
 |
| * A pet died or ran away
 |
| * My parents had trouble getting along
 |
| * My mom or dad remarried
 |
| * My sibling fought more with my parents
 |
| * My parents hit each other
 |
| * I got really bad news
 |
| * I told someone really bad news
 |

aPeer-related interpersonal stressors (55%).

bStressors that could be either peer- or family-related interpersonal stressors (6%).

cFamily-related interpersonal stressors (39%).

**Appendix 2.** *Endorsement of suicidality items on the IDAS-II*

| Item | % Endorsed at T1 | % Endorsed at T2 |
| --- | --- | --- |
| 1. I had thoughts of suicidea | 4.6 | 7.1 |
| 2. I cut or burned myself on purposeb | 3.1 | 4.5 |
| 3. I thought that the world would be better off without mea | 10.4 | 11.8 |
| 4. I hurt myself purposelyb | 4.0 | 5.3 |
| 5. I thought about my own deatha | 11.9 | 15.0 |
| 6. I thought about hurting myselfb | 7.5 | 9.1 |
| Any Suicidality Item | 18.3 | 20.5 |

IDAS-II, Expanded Version of the Inventory of Depression and Anxiety Symptoms; % Endorsed at T1, percentage of participants who endorsed any level greater than ‘not at all’ for the item at Time 1 (baseline visit); % Endorsed at T2, percentage of participants who endorsed any level greater than ‘not at all’ for the item at Time 2 (nine-month follow-up visit).

aPure suicidality items.

bNonsuicidal self-injury related suicidality items.