**Supplementary Table S2. The list of data availability per item of the neuropsychiatric assessment.** Mean and SD outcomes were from raw scores.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Psychiatric assessments** | | **n** | **mean** | **SD** |
| Conner’s questionnaire | | 110 | 7.48 | 4.71 |
| ESSENCE | | 111 | 0.88 | 1.56 |
| Strength and Difficulty Questionnaire | Hyperactivity scale | 109 | 3.23 | 2.28 |
| Emotional problem scale | 110 | 1.26 | 1.20 |
| Conduct problem scale | 109 | 1.75 | 1.68 |
| Peer-problem scale | 110 | 1.03 | 1.30 |
| Total difficulty scores | 109 | 7.30 | 4.61 |
| Strength scores | 110 | 7/69 | 1.98 |
| ASEBA DSM-IV | Affective problems | 107 | 0.99 | 1.34 |
| Anxiety problems | 107 | 1.65 | 1.78 |
| Pervasive developmental problems | 107 | 1.88 | 2.20 |
| Attention-deficit/ hyperactivity problems | 107 | 3.01 | 2.33 |
| Oppositional defiant problems | 107 | 2.36 | 2.23 |
| Syndrome scores of ASEBA CBCL | Emotionally reactive | 107 | 1.65 | 1.73 |
| Anxious/ Depressed | 107 | 1.30 | 1.44 |
| Somatic complaints | 107 | 1.21 | 1.76 |
| Withdrawn | 107 | 0.91 | 1.31 |
| Sleep problems | 107 | 1.68 | 1.85 |
| Attention problems | 107 | 1.64 | 1.74 |
| Aggressive behaviour | 107 | 5.96 | 5.09 |
| Other problems | 107 | 5.46 | 4.52 |
| ASEBA CBCL T scores | Internalising | 107 | 43.11 | 9.46 |
| Externalising | 107 | 42.87 | 8.85 |
| Total problems | 107 | 42.26 | 8.89 |
| CSHQ | Sleep problem scores | 111 | 44.53 | 9.39 |
| Sleeping time in weekdays | 106 | 19:34 | 0:31 |
| Sleeping time in weekend | 106 | 19:57 | 0:40 |
| Waking time in weekdays | 106 | 7:03 | 0:29 |
| Waking time in weekend | 106 | 7:25 | 0:41 |