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| **Supplementary Table S1.** *Baseline demographic and clinical characteristics* |  |
| **Characteristics** | **PE****(n=53)** | **EMDR****(n=55)** | **WL****(n=47)** | **Total sample****(n=155)** |
| Age (years), mean (SD) | 42.6 (10.3) | 40.4 (11.3) | 40.3 (9.7) | **41.2 (10.5)** |
| Gender, No. |  |  |  |  |
|  | Male | 23 | 25 | 23 | **71** |
|  | Female | 30 | 30 | 24 | **84** |
| Cultural background, No. (%) |  |  |  |  |
| Dutch | 36 (67.9) | 34 (61.8) | 27 (57.4) | **97 (62.6)** |
| Non-western | 12 (22.6) | 17 (30.9) | 19 (40.4) | **48 (31.0)** |
| Western (non Dutch) | 5 (9.4) | 4 (7.3) | 1 (2.1) | **10 (6.5)** |
| Post-high school educationa, No. (%) |  |  |  |  |
| High | 7 (13.2) | 4 (7.3) | 3 (6.4) | **14 (9.0)** |
| Middle | 22 (43.4) | 21 (38.2) | 18 (38.3) | **62 (40.0)** |
| Low | 23 (43.4) | 30 (54.5) | 26 (55.3) | **79 (51.0)** |
| Employed, No. (%) | 8 (15.1) | 4 (7.3) | 6 (12.8) | **18 (11.6)** |
| Living conditions, No. (%) |  |  |  |  |
| Married/cohabitating | 11 (20.8) | 12 (21.8) | 10 (21.3) | **33 (21.3)** |
| With parents, other relatives or friends | 8 (15.1) | 7 (12.7) | 7 (14.9) | **22 (14.2)** |
| Alone | 26 (49.1) | 24 (43.6) | 27 (57.4) | **77 (49.7)** |
| Sheltered housing | 8 (15.1) | 12 (21.8) | 3 (6.4) | **23 (14.8)** |
| A1/A2 index traumas (single or multiple), No .(%) |  |  |  |  |
| Sexual abuse | 38 (71.7) | 28 (50.9) | 28 (59.6) | **94 (60.7)** |
| Multiple CSA age ≤ 12 years | 26 (49.1) | 20 (36.4) | 13 (27.7) | **59 (38.1)** |
| Physical abuse | 29 (54.7) | 30 (54.6) | 23 (48.9) | **82 (52.9)** |
| Traumatic psychosis | 9 (16.9) | 6 (10.9) | 13 (27.7) | **28 (18.1)** |
| Emotional abuse in childhood | 4 (7.6) | 3 (5.5) | 3 (6.4) | **10 (6.5)** |
| Other traumatic events (e.g. accident, disaster,war) | 27 (50.9) | 33 (60.0) | 24 (51.1) | **84 (54.2)** |
| Lifetime diagnosis M.I.N.I.-Plus, No. (%) |  |  |  |  |
| Schizophrenia | 31 (58.5) | 34 (61.8) | 30 (63.8) | **95 (61.3)** |
| Schizoaffective disorder | 17 (32.1) | 15 (27.3) | 13 (27.7) | **45 (29.0)** |
| Brief psychotic disorder | 0 (0.0) | 0 (0.0) | 1 (2.1) | **1 (0.6)** |
| Psychotic disorder not otherwise specified | 1 (1.9) | 3 (5.5) | 0 (0.0) | **4 (2.6)** |
| Bipolar disorder with psychotic features | 2 (3.8) | 2 (3.6) | 3 (6.4) | **7 (4.5)** |
| Depression with psychotic features | 2 (3.8) | 1 (1.8) | 0 (0.0) | **3 (1.9)** |
| Suicide attempt (ever), No. (%) | 33 (62.3) | 33 (60.0) | 28 (59.6) | **94 (60.6)** |
| Current medium or high suicide risk M.I.N.I.-Plus,No.(%) | 27 (50.9) | 23 (41.8) | 20 (41.6) | **70 (45.2)** |
| Current delusions on DRS, No. (%) | 34 (64.2) | 32 (58.2) | 30 (63.8) | **96 (61.9)** |
| Current verbal hallucinations on AHRS, No. (%) | 21 (39.6) | 24 (43.6) | 17 (36.2) | **62 (40.0)** |
| CAPS, mean (SD) | 69.6 (14.9) | 72.1 (17.6) | 68.1 (15.9) | **69.9 (16.2)** |
| PSS-SR, mean (SD) | 28.5 (8.0) | 30.3 (7.8) | 27.7 (8.9) | **28.9 (8.2)** |
| PTCI, mean (SD) | 153.1 (35.8) | 147.6 (32.6) | 144.9 (28.7) | **148.6 (32.6)** |
| BDI-II, mean (SD) | 30.9 (11.4) | 28.2 (11.6) | 29.7 (12.4) | **29.6 (11.7)** |
| Chlorpromazine drug dose equivalents, mean (SD)b | 227.3 (187.9) | 253.2 (250.5) | 250.7 (232.8) |  **243.6 (224.2)** |
| Duration psychosis in years, mean (SD) | 18.9 (12.8) | 18.2 (11.7) | 15.7 (10.5) | **17.7 (11.8)** |
| Duration PTSD in years, mean (SD) | 22.8 (13.6) | 21.1 (13.9) | 18.95 (12.9) | **21.0 (13.5)** |

Abbreviations: EMDR, eye movement desensitization and reprocessing; AHRS, Auditory hallucination rating scale{Haddock 1999}; BDI-II, Beck Depression Inventory-II; CAPS, Clinician-Administered PTSD Scale; CSA, Childhood Sexual Abuse; DRS, Delusion Rating Scale{Haddock 1999}; M.I.N.I.-Plus, MINI-International Neuropsychiatric Interview-Plus; PSS-SR, Posttraumatic Stress Symptom Scale Self-Report; PTCI, Posttraumatic Cognitions Inventory; PTSD, posttraumatic stress disorder; SD, standard deviation.

 lower = primary education or lower general secondary education; middle = intermediate vocational education or higher high school levels; high = higher vocational education or university.

 100 mg CPZ = 2 mg Haldol