## **Movie Captions**

## • Movie 1 (6k)

This is an animation of the flow structures, visualised by the Q-criterion of a self-propelled swimming plate at Re = 6,000 and surface roughness defined by  $\lambda = 1/8$ .

• Movie 2(12k)

This is an animation of the flow structures, visualised by the Q-criterion of a self-propelled swimming plate at Re = 12,000 and surface roughness defined by  $\lambda = 1/12$ .

• Movie 3 (24k)

This is an animation of the flow structures, visualised by the Q-criterion of a self-propelled swimming plate at Re = 24,000 and surface roughness defined by  $\lambda = 1/16$ .