

Effects of dietary iodine supplement on sheep milk and cheese

Veronica Carnicelli, Anna Rita Lizzi, Alessia Ponzi, Carla Luzi, Lisa Grotta, Francesca Bennato and Antonio Di Giulio

SUPPLEMENTARY FILE

Supplementary Table S1. Chemical composition of milk obtained from control group (Ctr) and iodine group (I); values are the mean \pm SD.

	Milk	
	Ctr	I
Fat, %	7.32 \pm 1.35	6.77 \pm 1.66
Protein, %	6.07 \pm 0.29	5.87 \pm 0.15
Lactose %	4.56 \pm 0.12	4.64 \pm 0.08
Urea mg/dL	30.93 \pm 4.73	31.46 \pm 4.64
Casein %	4.77 \pm 0.29	4.6 \pm 0.16
Solid %	18.63 \pm 1.53	17.97 \pm 1.70
SCC ($\times 10^3$ cells/mL)	851 \pm 315	1032 \pm 530
Total bacterial count (CFU/mL)	2933 \pm 11135	1186 \pm 272
pH	6.69 \pm 0.27	7.04 \pm 0.83

Supplementary Table S2. Chemical composition of cheese obtained from control group (Ctr) and experimental group fed with dietary iodine supplementation (I); values are the mean \pm SD.

	Cheese	
	Ctr	I
Fat, %	27.66 \pm 1.96	28.55 \pm 1.55
Protein, %	21.60 \pm 0.74	20.73 \pm 1.09
Humidity %	46.28 \pm 1.49	47.44 \pm 2.68

Supplementary Table S3. Fatty acid composition in milk and cheese obtained from control group (Ctr) and iodine group (I); the cheeses were analyzed at 0 (T0) and 60 (T60) days after cheese-making. Values are reported as mean relative percentages \pm SD. TBARS values, reported as μg of malondialdehyde per g of cheese (on a DM basis), concern the extent of lipid oxidation.

	Milk		(T0)		(T60)	
	Ctr	I	Ctr	I	Ctr	I
C4:0	2.04 \pm 1.01	2.00 \pm 0.75	1.81 \pm 0.35	1.85 \pm 0.60	2.08 \pm 1.19	1.98 \pm 0.53
C6:0	2.04 \pm 0.83	2.20 \pm 0.84	1.53 \pm 0.34	1.29 \pm 0.31	1.57 \pm 0.85	1.42 \pm 0.43
C8:0	2.28 \pm 0.78	2.65 \pm 0.97	1.58 \pm 0.33	1.14 \pm 0.19	1.54 \pm 0.74	1.36 \pm 0.33
C10:0	7.89 \pm 2.05	9.75 \pm 3.07	4.33 \pm 0.66	3.44 \pm 0.46	4.40 \pm 1.8	3.94 \pm 0.79
C11:0	0.31 \pm 0.08	0.32 \pm 0.09	ND	ND	ND	ND
C12:0	5.00 \pm 1.14	6.18 \pm 1.47	2.79 \pm 0.19	2.33 \pm 0.18	2.91 \pm 0.85	2.55 \pm 0.31
C14:0	12.32 \pm 1.75	11.295 \pm 1.24	8.14 \pm 0.52	7.96 \pm 0.42	8.66 \pm 1.70	8.17 \pm 0.64
C14:1	0.62 \pm 0.25	0.73 \pm 0.11	0.49 \pm 0.02	0.55 \pm 0.02	ND	ND
C15:0	1.20 \pm 0.18	1.26 \pm 0.12	0.87 \pm 0.06	0.98 \pm 0.03	0.91 \pm 0.11	0.97 \pm 0.05
C16:0	23.43 \pm 2.30	23.19 \pm 1.57	22.59 \pm 0.68	23.76 \pm 0.73	23.33 \pm 1.11	23.50 \pm 0.71
C16:1	0.96 \pm 0.09	0.87 \pm 0.22	0.86 \pm 0.36	0.94 \pm 0.41	1.07 \pm 0.08	1.07 \pm 0.03
C17:0	0.53 \pm 0.09	0.46 \pm 0.18	0.64 \pm 0.02	0.58 \pm 0.04	0.65 \pm 0.06	0.58 \pm 0.02
C18:0	7.97 \pm 1.14	6.50 \pm 1.06*	16.04 \pm 0.62	16.89 \pm 1.30	16.31 \pm 2.76	16.97 \pm 1.94
C18:1 <i>trans</i> 11	4.19 \pm 1.58	4.95 \pm 1.50	3.31 \pm 0.70	2.05 \pm 1.07	2.17 \pm 0.65	2.78 \pm 1.24
C18:1 <i>cis</i> 9	17.40 \pm 3.67	14.22 \pm 2.83*	29.66 \pm 1.07	30.62 \pm 1.37	28.45 \pm 4.23	28.61 \pm 1.25
C18:1 <i>cis</i> 11	0.61 \pm 0.14	0.53 \pm 0.16	0.28 \pm 0.11	0.36 \pm 0.23	0.19 \pm 0.02	0.16 \pm 0.03
C18:2	1.84 \pm 0.63	1.95 \pm 0.67	2.20 \pm 0.26	2.22 \pm 0.19	2.28 \pm 0.20	2.16 \pm 0.13
C18:3	0.86 \pm 0.39	0.88 \pm 0.36	1.12 \pm 0.04	1.33 \pm 0.05	1.10 \pm 0.18	1.33 \pm 0.01
CLA c9 t11	1.73 \pm 1.03	1.82 \pm 0.72	0.98 \pm 0.33	1.31 \pm 0.05	1.18 \pm 0.23	1.16 \pm 0.25
C20:4	ND	ND	0.15 \pm 0.16	0.21 \pm 0.19	0.21 \pm 0.19	0.22 \pm 0.19
C20:5 EPA	ND	ND	0.04 \pm 0.03	0.03 \pm 0.05	0.02 \pm 0.03	0.00 \pm 0.00
C22:5	ND	ND	0.04 \pm 0.06	0.07 \pm 0.06	0.02 \pm 0.03	0.00 \pm 0.00
TBARS	NE	NE	1.25 \pm 0.32	0.75 \pm 0.27	2.40 \pm 0.66	2.69 \pm 0.69

* $P < 0.05$ vs Ctr; ND: not determined; TBARS: thiobarbituric acid reactive substances;

NE: not evaluated