|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | Mean [CI] | Mean [CI] | *p* | Cohen’s d | Wald X2 - time | Wald X2 – Group by time |
| Overall | |  |  |  |  | 87.0\*\*\* | 59.4\*\*\* |
| Baseline to Post-intervention | |  |  |  |  | 83.7\*\*\* | 61.4\*\*\* |
|  | Video+booster | 7.9 [7.3-8.4] | 9.2 [8.7-9.7] | \*\*\* | 0.50 |  |  |
|  | Video | 8.3 [7.9-8.8] | 9.4 [9.0=9.7] | \*\*\* | 0.46 |  |  |
| Post-intervention to 14-day follow-up | |  |  |  |  | 17.5\*\*\* | 7.2\* |
|  | Video+booster | 9.2 [8.7-9.7] | 9.8 [9.3-10.3] | \* | 0.24 |  |  |
| 14-day follow-up to 30-day follow-up | |  |  |  |  | 4.9\* | NS |
| Baseline to 30-day follow up | |  |  |  |  | 73.7\*\*\* | 54.5\*\*\* |
|  | Video+booster | 7.9 [7.3-8.4] | 9.7 [9.3-10.1] | \*\*\* | 0.74 |  |  |
|  | Video | 8.3 [7.9-8.8] | 9.1 [8.6=9.5] | \*\*\* | 0.33 |  |  |

**Supplementary**

**Table 1A.** Comparison between Video+Booster (n=115), Video (n=114) and Control (n=121) Groups on Attitudes Toward Seeking Professional Help Scale (ATTPHS) Over Time

Generalized Estimating Equations; \*\*\* *p* < .001; \*\* *p* < .01; \* *p* < .05

**Table 1B.** Comparison between Video+Booster (n=95), Video (n=94) and Control (n=92) Groups on Attitudes Toward Seeking Professional Help Scale (ATTPHS) Over Timeamong Healthcare Workers Who Reported Anxiety, Depression or PTSD**.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | Mean [CI] | Mean [CI] | *p* | Cohen’s d | Wald X2 - time | Wald X2 – Group by time |
| Overall | |  |  |  |  | 110.6\*\*\* | 65.6\*\*\* |
| Baseline to Post-intervention | |  |  |  |  | 47.0\*\*\* | 42.9\*\*\* |
|  | Video+booster | 8.2 [7.5-8.9] | 9.3 [8.8-9.8] | \*\*\* | 0.42 |  |  |
|  | Video | 8.5 [7.6-9.4] | 9.4 [8.6-9.9] | \*\*\* | 0.46 |  |  |
| Post-intervention to 14-day follow-up | |  |  |  |  | 11.2\*\* | 4.5\* |
|  | Video+booster | 9.3 [8.8-9.8] | 9.8 [9.4-10.4] | \* | 0.21 |  |  |
| 14-day follow-up to 30-day follow-up | |  |  |  |  | NS | NS |
| Baseline to 30-day follow up | |  |  |  |  | 73.7\*\*\* | 54.5\*\*\* |
|  | Video+booster | 8.2 [7.5-8.9] | 9.7 [9.3-10.1] | \*\*\* | 0.65 |  |  |
|  | Video | 8.5 [7.6-9.4] | 9.2 [8.8=9.7] | \*\*\* | 0.30 |  |  |

Generalized Estimating Equations; \*\*\* *p* < .001; \*\* *p* < .01; \* *p* < .05