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| **Supplementary Table 1. Pharmacological treatments excluded from the criteria due to insufficient supporting evidence in BAP11 and NICE12 BD treatment guidelines** |
| 1. Aripiprazole (+/- lithium or valproate) |
| 2. Carbamazepine |
| 3. Clozapine |
| 4. Cariprazine |
| 5. Ziprasidone (+/- lithium or valproate) |

*BAP: British Association of Psychopharmacologists; NICE: The National Institute for Health and Care Excellence; BD: Bipolar disorder.*