

## Data supplement

<b>Table DS1</b> Sample descriptive of complete and missing data at follow-up by baseline predictors			
	Complete data at follow-up ( <i>n</i> = 209)	Missing data at follow-up ( <i>n</i> = 14)	<i>P</i> <sup>a</sup>
Parent age at baseline, years: mean (s.d.)	41.53 (5.56)	39.50 (5.45)	0.219
Child female, <i>n</i> (%)	123 (58.9)	9 (64.3)	0.689
Child age at baseline, years: mean (s.d.)	12.30 (1.97)	11.93 (2.09)	0.495
Baseline depression severity (Beck Depression Inventory), mean (s.d.)	15.06 (10.54)	22.23 (10.32)	<b>0.018</b>
Any comorbid problems at baseline, <i>n</i> (%)	82 (39.2)	8 (57.1)	0.186
Age at onset, years: mean (s.d.)	25.91 (7.83)	27.58 (5.9)	0.468
Episode duration, months: mean (s.d.)	14.78 (17.19)	36.38 (51.23)	< <b>0.001</b>
Past impairment (Global Assessment of Functioning score), mean (s.d.)	47.19 (15.37)	45.57 (17.00)	0.705

a. Significant *P*-values are shown in bold.