

## Online Supplement 1. Scoring sheet.

Guideline name	Country/year published/year produced
Yes/No/Frequency	notes re guidelines additional notes
<b>Guidelines by?</b>	
Psychiatrists only	
Clear methodology	
Consensus conference	
Review literature	selective/systematic
Global focus	Physical health/SE/cardiometabolic
Different disciplines	which:
Additional disciplines afterwards	which:
Official societies (state)	which:
Industry involvement	
Conflict of interest mentioned	
<b>RECOMMENDED APPLY TO?</b>	
Any mental illness	
Severe mental illness	
Schizophrenia	
Other (state)	
Other medical conditions (state)	
<b>RECOMMENDED SCREEN (state frq)</b>	
Personal history	
Familial history	
Physical examination	
Alcohol	
Substances	
Smoking	
Physical activity	
Diet	
Overweight/obesity (weight/BMI)	
Waist	
Blood pressure	
MetS (state criteria)	
Glucose levels (fasting)	
Glucose non-fasting	
HbA1c	
OGTT	
Cholesterol	
HDL-C level	
LDL-C level	
TC:HDL-C ratio	
Triglycerides	
C-reactive protein level	
Prothrombotic markers	
Other lab (state)	
Other physical exams (state)	
ECG	
Monitoring according official guidelines (state)	
Other (state)	

## **RECOMMENDED PHYSICAL CHECKS OVER Time**

General physical exam  
Frequency dependent on drug  
Frequency dependent on start medication  
Frequency dependent on RF  
DKA  
Dental exam  
Diabetes  
Heart / Infarction / Failure  
Preventive care (breast, prostate, bowel etc)  
Sexual  
Renal function  
Stroke  
Other (state)

## **MONITORING COURSE**

Children adolescent  
Prodromal  
First episode  
Hospital Admission  
Outpatient  
Community  
All patients

## **MONITORING BY?**

Responsibility for monitoring  
Psychiatrist  
Primary care/GP  
Hospital physicians  
Mental health specialists  
Others (state)

## **TREATMENT ADVICE?**

Psychotropic choice  
Psychotropic switch  
Information patients  
Information family  
Physical activity  
Diets  
Smoking cessation  
Education MH professional  
Education primary care/GP  
Education medical specialties  
Treatment for diabetes  
Treatment for hypertension  
Treatment for dyslipidaemia  
Other treatments (state)  
Referrals (state)