Data supplement

Activities of daily living items in the questionnaire

Based on the Medical Research Council Needs for Care Assessment. Do you have any difficulty with any of the following activities:
(a) personal care such as dressing, bathing, washing, or using the toilet? (yes/no)
(b) getting out and about or using transport? (yes/no)
(c) medical care such as taking medicines or pills, having injections or changes of dressing? (yes/no)
(d) household activities such as preparing meals, shopping, laundry and housework? (yes/no)
(e) practical activities such as gardening, decorating or doing household repairs? (yes/no)
(f) dealing with paperwork such as writing letters, sending cards or filling forms? (yes/no)
(g) managing money such as budgeting for food or paying bills? (yes/no)

Fig. DS1 Onset of activities of daily living (ADL) difficulties at follow-up by symptom group in those with no difficulty at baseline (n=1573, weighted percentages)