

Data supplement to Spiers et al. Prevalence and treatment of common mental disorders in the English national population, 1993–2007. Br J Psychiatry doi: 10.1192/bjp.bp.115.174979

Table DS1 Participants aged 16-64 in three surveys: Contact with primary care physician (PCP) for psychological problems in the past year^{a,b}

		% PCP contact (unweighted N)	% PCP contact (unweighted N)	% PCP contact (unweighted N)		
Survey		1993	2000	2007	Increase 1993-2000 % (95% CI)	Increase 2000-2007 % (95% CI)
	No CMD	7.2	7.0	6.4	-0.2 (-0.8, 1.2)	-0.6 (-0.5, 1.6)
	CIS-R 1-5	4.9 (315)	4.6 (210)	3.9 (166)	-0.3 (-0.7, 1.3)	-0.7 (-0.2, 1.7)
	CIS-R 6-11	15.1 (277)	15.9 (199)	16.3 (163)	-0.8 (-3.7, 2.0)	-0.3 (-3.7, 3.0)
	CMD	35.5	37.9	39.8	-2.4 (-7.0, 2.2)	-1.9 (-6.6, 2.9)
	CIS-R 12-17	27.2 (200)	25.4 (147)	28.3 (153)	1.8 (-3.8, 7.5)	-2.9 (-8.8, 3.0)
	CIS-R 18+	44.3 (309)	51.8 (287)	50.8 (274)	-7.5 (-13.9, -1.1)*	-1.0 (-5.6, 7.6)
	ICD-10 Depressive episode	45.2 (112)	60.7 (117)	59.3 (125)	-15.5 (-26.8,-4.2)**	1.5 (-10.2,13.1)
	All	11.5 (1101)	11.6 (843)	11.1 (756)	-0.1 (-1.2,1.0)	0.6 (-0.5, 1.6)
^a Spoke to PCP about being anxious or depressed or a mental, nervous or emotional problem. Probable cases of psychosis excluded. ^b Data are weighted to represent the English household population of comparable age * p<0.05 ** p<0.01 *** p<0.001						

Table DS2 Participants aged 16-64 in three surveys: Receipt of antidepressant medication ^{a,b}

		% in receipt (unweighted N)	% in receipt (unweighted N)	% in receipt (unweighted N)		
Survey		1993	2000	2007	Increase 1993-2000 % (95% CI)	Increase 2000-2007 % (95% CI)
	No CMD	0.2	2.1	2.5	-1.9 (-2.3,-1.5) ***	-0.4 (-1.0, 0.2)
	CIS-R 1-5	0.1 (5)	1.6 (75)	1.6 (70)	-1.5 (-1.9,-1.1)***	-0.0 (-0.6, 0.5)
	CIS-R 6-11	0.4 (7)	4.0 (55)	6.1 (69)	-3.7 (-4.9,-2.5)***	-2.0 (-3.9, -0.1)*
	CMD	5.7	14.5	15.9	-8.8 (-11.6, -6.0) ***	-1.4 (-4.7, 1.9)
	CIS-R 12-17	3.1 (26)	7.7 (51)	10.4 (61)	-4.6 (-7.3, -1.9)***	-2.7 (-6.3, 0.8)
	CIS-R 18+	8.5 (61)	22.0 (131)	21.2 (120)	-13.5 (-18.2,-8.8)***	0.8 (-4.6, 6.3)
	ICD-10 Depressive episode	12.9 (34)	29.7 (58)	29.9 (62)	-16.8 (-25.9, -7.7)***	-0.2 (-10.9, 10.6)
	All	1.0 (107)	4.4 (397)	4.7 (417)	-3.4 (-4.0, -2.9) ***	-0.3 (-1.0, 0.4)
<p>^a Probable cases of psychosis excluded. ^b Data are weighted to represent the English household population of comparable age ^c insufficient data for confidence intervals * p<0.05 ** p<0.01 *** p<0.001</p>						

Table DS3 Participants aged 16-64 in three surveys: Receipt of anxiolytic/hypnotic Medication^{a,b}

		% in receipt (unweighted N)	% in receipt (unweighted N)	% in receipt (unweighted N)		
Survey		1993	2000	2007	Increase 1993-2000 % (95% CI)	Increase 2000-2007 % (95% CI)
	No CMD	0.1 (11)	0.5 (35)	0.3 (14)	-0.4 (-0.6,-0.2)***	0.2 (-0.1,0.5)
	CIS-R 0-5	0.1(6)	0.3(17)	0.2(8)	-0.2(-0.4,-0.1)***	0.1 (-0.1,0.3)
	CIS-R 6-11	0.3(5)	1.4(18)	0.7(6)	-1.2(-2.0,-0.4)*	0.7(-0.3,1.7)
	CMD	4.3(71)	4.9(59)	3.0 (35)	-0.6 (-2.3, 1.1)	1.9 (0.1, 3.6)*
	CIS-R 12-17	2.4 (9)	1.6 (11)	1.2 (6)	0.8(-0.7,2.3)	0.4(-1.0,1.8).
	CIS-R 18+	6.3 (52)	8.6 (48)	4.8 (29)	-2.3 (-5.5, 0.9)	3.8 (0.6, 7.1)*
	ICD-10 Depressive episode	7.6 (22)	10.5 (19)	9.2 (20)	-2.9 (-8.7, 2.9)	1.3 (-5.1, 7.7)
	All	0.7 (82)	1.3 (94)	0.7 (49)	-0.5 (-0.9, -0.2)*	0.5 (0.1, 0.9)*

^a Probable cases of psychosis excluded.

^b Data are weighted to represent the English household population of comparable age

^c insufficient data for confidence intervals

* p<0.05 ** p<0.01 *** p<0.001