

## Data supplement

Table DS1 Mean raw scores								
	Baseline 1		Baseline 2		End of treatment		Follow-up	
	Mean	s.d.	Mean	s.d.	Mean	s.d.	Mean	s.d.
<i>PANSS</i>								
Positive scale								
CBT	18.47	4.98	16.12	5.42	14.79	5.95	15.03	6.97
SAT	18.36	4.45	17.22	5.65	15.75	5.70	15.88	5.66
Negative scale								
CBT	12.76	4.33	12.68	5.07	11.66	3.67	12.06	4.91
SAT	13.31	4.53	13.54	4.09	13.50	5.59	14.31	6.08
General scale								
CBT	32.05	6.79	29.55	7.75	28.45	6.52	26.88	10.46
SAT	32.95	7.18	31.89	6.20	29.50	7.84	28.81	9.56
Total								
CBT	63.00	12.52	60.03	15.09	55.24	12.47	53.97	20.27
SAT	64.62	13.20	62.75	12.75	58.68	16.14	57.73	16.31
<i>n</i>	77		71		57		58	
<i>PSYRATS</i>								
Auditory hallucinations								
CBT	14.74	14.17	14.86	15.26	9.74	13.92	9.36	12.72
SAT	14.61	14.10	13.32	13.32	11.38	15.13	10.83	16.63
<i>n</i>	72		66		47		43	
Delusions								
CBT	13.00	6.23	9.71	8.67	4.90	6.55	7.60	8.25
SAT	12.91	4.92	11.03	7.12	11.04	6.70	8.38	8.03
<i>n</i>	67		66		46		49	
Novaco Anger Scale								
CBT	85.95	18.95	87.28	13.90	84.46	14.42	83.36	14.76
SAT	88.13	16.88	85.51	17.33	82.36	20.12	84.41	22.62
<i>n</i>	77		67		51		50	
GAF								
CBT	30.76	7.43	35.18	13.56	41.86	15.63	42.94	19.30
SAT	29.69	8.75	31.29	11.57	33.34	14.64	40.93	22.06
<i>n</i>	77		69		58		60	
WARS-B								
CBT	5.63	6.41			4.03	4.19	4.2	4.65
SAT	6.54	6.95			6.36	6.79	6.3	8.00
<i>n</i>	77				65		52	
Provocation Inventory								
CBT	64.00	16.40	60.63	13.23	59.75	18.51	61.65	13.15
SAT	61.43	17.89	60.46	19.10	55.63	17.51	58.32	18.01
<i>n</i>	74		65		48		48	
<i>HCR-20</i>								
Risk								
CBT	4.65	2.81					4.00	3.96
SAT	4.94	2.30					4.23	2.83
Clinical								
CBT	5.22	2.26					3.57	2.54
SAT	6.06	1.77					4.03	2.64
<i>n</i>	73						70	

CBT, cognitive-behavioural therapy; GAF, Global Assessment of Functioning Scale; HCR-20, Historical, Clinical, Risk Management-20; NAS, Novaco Anger scale; PANNS, Positive and Negative Syndrome Scale; PSYRATS, Psychotic Symptom Rating Scales; SAT, social activity therapy; WARS-B, Ward Anger Rating Scale part B.