

Data supplement

Table DS1 Demographic and clinical characteristics of participants					
	Control (n=41)	Euthymia group (n=43)	Depression group (n=30)	Mania/mixed group (n=34)	Statistical comparison
Age, years: mean (95% CI)	47.90 (43.31–52.50)	47.53 (43.61–51.56)	46.17 (42.62–49.71)	45.55 (41.03–50.09)	F=0.28
Female, n (%)	21 (51)	25 (58)	22 (73)	21 (62)	$\chi^2=3.65$
Employed (full or part time), n (%)	28 (68)	18 (42)	11 (37)	9 (27)	$\chi^2=14.73^{**}$
Educated over 16 years old, n (%)	32 (78)	31 (72)	21 (70)	21 (62)	$\chi^2=3.05$
NART IQ, mean (95% CI)	120.63 (119.49–121.76)	119.74 (118.33–121.14)	121.29 (120.01–122.57)	118.58 (117.04–120.13)	F=2.55
Living alone, n (%)	7 (17)	12 (28)	8 (27)	18 (53)	$\chi^2=11.93^*$
Prescribed mood stabiliser, n (%)	–	37 (86)	25 (83)	27 (79)	$\chi^2=0.60$
Prescribed antidepressant, n (%)	–	17 (40)	17 (57)	14 (41)	$\chi^2=2.37$
Prescribed antipsychotic, n (%)	–	7 (16)	8 (27)	19 (56)	$\chi^2=7.50$
Currently in receipt of psychological therapy, n (%)	–	2 (5)	1 (3)	1 (3)	$\chi^2=0.17$
Current in-patient, n (%)	–	0 (0)	9 (30)	26 (77)	$\chi^2=50.58^{***}$
Age at first episode, years: mean (95% CI)	–	24.05 (21.63–26.47)	21.00 (17.02–24.98)	23.87 (20.97–26.77)	F=1.22
Bipolar episodes (self-report), n: median (range)	–	12 (4–30+)	22 (5–30+)	10 (2–30+)	F=0.62
Psychiatric admissions (self-report), n: median (range)	–	4 (0–30+)	3 (0–22)	5 (1–19)	F=0.62

NART, National Adult Reading Test.
* $P<0.01$; ** $P<0.005$; *** $P<0.001$.