

## APPENDIX

### Previous Experiences of the Polygraph Questionnaire

These questions refer to polygraph examinations that you have had **while on supervision**.

1. Have you ever failed a polygraph exam (been accused of lying) when you were telling the truth? (that is, the polygraph got it wrong?)

NO (Go to question 2) YES

If YES, how many times have you been wrongly accused of lying? \_\_\_\_\_

a. At these times, when you were telling the truth and accused of lying, have you ever reported engaging in behaviour that you had not engaged in?

NO YES (Go to question 2a)

2. Have you ever reported false information during a polygraph examination? (that is, information about your behaviour that you knew was not true?)

NO YES

a. If YES, what false information did you report?

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b. What were your reasons for reporting false information? (Circle relevant reasons)

- i I would get in trouble with my supervisors or therapist if I failed and did not report anything.
- ii I was confused.
- iii I wanted to give a good impression to the polygraphers.
- iv I wanted to ensure that I passed the polygraph test.
- v I felt pressured to report something.
- vi I wanted to demonstrate that I was committed to the treatment.
- vii Other reason(s):

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3. Have you ever passed a polygraph exam when you knew that you were lying? (that is, not answering truthfully?)

NO YES

If YES, how many times have you done this? \_\_\_\_\_

4. Have you ever deliberately used drugs, physical or mental strategies to pass a polygraph exam?

NO YES

a. If YES, how many times have you done this? \_\_\_\_\_

b. Which strategies have you used? (Tick all that apply)

Drugs (e.g. tranquillisers) ☐

Physical:

Controlling breathing ☐

Moving during the test ☐

Tensing muscles ☐

Relaxing muscles ☐

Self-hypnosis ☐

Mental:

Controlling thoughts ☐

Disassociating ☐

### Information about the Polygraph's Usefulness

5. How helpful is the polygraph for you with avoiding high-risk behaviours and situations?

1	2	3	4	5
None	Minimal	Moderately	Quite	Extremely

6. How helpful is the polygraph for you with avoiding re-offending?

1	2	3	4	5
None	Minimal	Moderately	Quite	Extremely

7. Overall, how helpful is the polygraph in your treatment?

1	2	3	4	5
None	Minimal	Moderately	Quite	Extremely

8. Identify which, if any, of the following behaviours decreased because of use of the polygraph:

Masturbation using deviant or inappropriate fantasies ☐

Drug usage ☐

Alcohol use ☐

Contact with children and/or vulnerable adults ☐

Visiting places to view children (e.g. arcades, gyms and swimming pools) ☐

Collecting pictures of children from clothing catalogues for masturbation purposes ☐

Missing group meetings/not completing home work tasks ☐

Probation/supervision violations ☐

Use of pornography ☐

Visiting adult book stores ☐

Use of internet (e.g. visiting chat rooms; pornography sites) ☐

Engaging in extramarital affairs or sexual relationships outside main relationship ☐

Use of prostitutes ☐

Use of telephone sex lines ☐

Other identified risk behaviours ☐

9. Because of having to complete regular polygraph tests, are you more or less honest with your treatment provider or probation officer about your behaviour?

1	2	3
Less truthful	No change	More truthful

10. Because of having to complete regular polygraph tests, are you more or less likely to report information about your offence and offence-related behaviour to your supervisor or treatment provider?

1	2	3
Less likely to disclose	No change	More likely to disclose

11. Because of having to complete regular polygraph tests, are you more or less truthful with your family and friends?

1	2	3
Less truthful	No change	More truthful

### Information about the Polygraph's Accuracy

12. How accurate do you believe the polygraph is?

1	2	3	4	5
Not accurate	Slightly accurate	Moderately accurate	Quite accurate	Extremely accurate