

We show here only the first page of the questionnaire. The second page thanks participants for their involvement.

Screening questionnaire to identify depressive episodes in the past 12 months among those attending general practices

Thank you for agreeing to help with this research. Please answer **ALL THE QUESTIONS** by circling the answer that you think applies to you.

We would like to know about periods when you have felt sad, empty or depressed in the PAST 12 MONTHS.

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| (1) In the past 12 months, have you had 2 weeks or longer when nearly every day you have felt sad, empty, or depressed for most of the day? | Yes | No |
| (2) In the past 12 months, have you had 2 weeks or longer when you lost interest in most things like work, hobbies and other things you usually enjoyed? | Yes | No |

If you have answered 'Yes' to EITHER question (1) or (2), then please continue.
If you answered 'No' to BOTH questions, please go on to the next page.

We would like to know more about the time (or times) IN THE PAST 12 MONTHS when you felt sad, empty, or depressed or when you lost interest in most things NEARLY EVERY DAY FOR 2 WEEKS OR LONGER. At that time, did you

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| (3) lack energy or feel tired all the time nearly every day for 2 weeks or more even when you had not been working very hard? | Yes | No |
| (4) have less appetite than usual, nearly every day for 2 weeks or more? | Yes | No |
| (5) lose half a stone or more in weight (3 kg) without trying to? | Yes | No |
| (6) have trouble sleeping almost every night, for 2 weeks or more – either trouble falling asleep, waking in the middle of the night, or waking too early? | Yes | No |
| (7) have a lot more trouble concentrating than is normal for you, nearly every day for 2 weeks or more? | Yes | No |
| (8) feel worthless nearly every day, for 2 weeks or more? | Yes | No |
| (9) feel that you were not as good as other people, nearly every day for 2 weeks or more? | Yes | No |
| (10) feel guilty nearly every day, for 2 weeks or more? | Yes | No |
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