

DATA SUPPLEMENT

Table DSI Effects of caregiver-focused stigma, social support and avoidance coping on caregiver depressive symptoms, controlling for patient clinical status and demographic characteristics

Independent variables	Step 1	Step 2	Step 3	Step 4	Step 5
Step 1: Demographic factors					
Patients					
Gender ¹	-0.10	-0.11*	-0.12*	-0.12*	-0.11
Age	0.00	0.02	0.01	-0.05	-0.09
Caregivers					
Gender ¹	0.03	0.02	0.03	0.03	0.01
Age	-0.21**	-0.20**	-0.21**	-0.14*	-0.07
Relationship: spouse ²	0.10	0.12	0.12	0.05	0.00
Relationship: parent ³	0.12	0.12	0.12	0.08	0.06
Socio-economic status ⁴	0.17**	0.15**	0.14**	0.11*	0.08
Step 2: Stigma					
Caregiver focused		0.20***	0.19***	0.09	0.07
Step 3: Patient's clinical status					
GAF ⁵			-0.10	-0.08	-0.08
Clinical status ⁶			0.07	0.06	0.04
Length of illness, years			0.06	0.06	0.06
Step 4: Support					
Subjective support				-0.38***	-0.33***
Social interactions				-0.14**	-0.11*
Step 5: Coping					
Avoidance coping					0.26***
<i>R</i> ²	0.08***	0.12***	0.14***	0.32***	0.38***
Adjusted <i>R</i> ²	0.06	0.10	0.11	0.29	0.35
ΔR^2	0.08***	0.04***	0.02*	0.18***	0.06***

1. Male, 1; female, 2.

2. Spouse, 1; other, 0.

3. Parent, 1; other, 0.

4. Evaluated by the Hollingshead–Redlich two-point scale (Hollingshead & Redlich, 1958). Higher numbers represent lower socio-economic status.

5. Global Assessment of Functioning score based on past 30 days; higher numbers reflect better functioning.

6. Negative, 0; positive, 1; on DSM–IV criteria for current affective episode.

P* < 0.05, *P* < 0.01, ****P* < 0.001.