

Data supplement DS1: Sample characteristics by severity criteria at baseline.  
Severity indicators are dichotomized using median splits for the purposes of illustration except Number of BPD criteria, which was used as a binary variable in the analysis.

|  | Total sample |       | Number of Axis I diagnoses |       |           |          | Number of BPD criteria |       |           |         | Number of Axis II diagnoses (incl. BPD) |       |           |          | Symptom distress (GSI) |       |            |          |
|--|--------------|-------|----------------------------|-------|-----------|----------|------------------------|-------|-----------|---------|---|-------|-----------|----------|------------------------|-------|------------|----------|
|  |              |       | 2 or fewer                 |       | 3 or more |          | 5 criteria             |       | 6 or more |         | 2 or fewer                              |       | 3 or more |          | GSI < 2.01             |       | GSI ≥ 2.01 |          |
| Sample <i>N</i>                          | 134          |       | 58                         |       | 76        |          | 81                     |       | 49        |         | 77                                      |       | 57        |          | 67                     |       | 67         |          |
| Mean age ( <i>SD</i> )                   | 31.1         | (7.7) | 30.1                       | (7.0) | 31.9      | (8.2)    | 30.5                   | (7.9) | 32.5      | (7.4)   | 31.0                                    | (8.0) | 31.3      | (7.6)    | 31.7                   | (7.6) | 30.4       | (7.8)    |
| Male: <i>n</i> (%)                       | 27           | (20%) | 12                         | (21%) | 15        | (20%)    | 13                     | (16%) | 14        | (29%)   | 9                                       | (12%) | 18        | (32%)*** | 13                     | (19%) | 14         | (21%)    |
| GAF: Mean ( <i>SD</i> )                  | 41.0         | (8.4) | 42.5                       | (8.5) | 39.8      | (8.2)    | 40.7                   | (9.0) | 40.8      | (7.3)   | 42.5                                    | (8.2) | 39.0      | (8.3)**  | 41.7                   | (8.9) | 40.3       | (7.9)    |
| Number Axis I: Mean ( <i>SD</i> )        | 2.8          | (1.3) | 1.6                        | (0.6) | 3.8       | (0.8)*** | 2.7                    | (1.2) | 1.1       | (1.3)*  | 2.6                                     | (1.3) | 3.0       | (1.3)*   | 2.7                    | (1.3) | 2.9        | (1.3)    |
| GSI: Mean ( <i>SD</i> )                  | 2.0          | (0.6) | 1.9                        | (0.6) | 2.0       | (0.7)    | 2.0                    | (0.6) | 1.2       | (0.7)   | 1.9                                     | (0.7) | 2.1       | (0.6)*   | 1.5                    | (0.4) | 2.5        | (2.4)*** |
| BDI: Mean ( <i>SD</i> )                  | 29.5         | (9.5) | 28.5                       | (9.4) | 30.3      | (9.5)    | 29.3                   | (9.4) | 30.5      | (9.4)   | 28.5                                    | (9.9) | 30.9      | (8.8)    | 24.7                   | (8.4) | 34.2       | (8.0)*** |
| IIP: Mean ( <i>SD</i> )                  | 2.0          | (0.5) | 1.9                        | (0.5) | 2.1       | (0.5)    | 2.0                    | (0.5) | 2.0       | (0.5)   | 1.9                                     | (0.5) | 2.1       | (0.5)*   | 1.8                    | (1.7) | 2.3        | (2.1)*** |
| SAS: Mean ( <i>SD</i> )                  | 2.7          | (0.6) | 2.7                        | (0.5) | 2.8       | (0.6)    | 2.7                    | (0.5) | 2.7       | (0.6)   | 2.7                                     | (0.6) | 2.8       | (0.5)    | 2.5                    | (2.4) | 2.9        | (2.7)**  |
|  |              |       |                            |       |           |          |                        |       |           |         |   |       |           |          |                        |       |            |          |
| Antisocial PD <i>n</i> (%)               | 37           | (28%) | 14                         | (24%) | 23        | (30%)    | 24                     | (30%) | 13        | (27%)   | 7                                       | (9%)  | 30        | (53%)*** | 20                     | (30%) | 17         | (25%)    |
| Living alone <i>n</i> (%)                | 61           | (46%) | 30                         | (52%) | 31        | (41%)    | 41                     | (51%) | 18        | (37%)   | 32                                      | (42%) | 29        | (51%)    | 33                     | (49%) | 28         | (42%)    |
| Cluster A <i>n</i> (%)                   | 56           | (42%) | 19                         | (33%) | 37        | (49%)    | 30                     | (37%) | 24        | (49%)   | 15                                      | (19%) | 41        | (72%)*** | 24                     | (36%) | 32         | (48%)    |
| Cluster B (other than BPD) <i>n</i> (%)  | 69           | (51%) | 27                         | (47%) | 42        | (55%)    | 43                     | (53%) | 25        | (51%)   | 29                                      | (38%) | 40        | (70%)*** | 37                     | (55%) | 32         | (48%)    |
| Cluster C <i>n</i> (%)                   | 51           | (38%) | 23                         | (40%) | 28        | (37%)    | 33                     | (41%) | 16        | (38%)   | 15                                      | (19%) | 36        | (63%)*** | 19                     | (28%) | 32         | (48%)*   |
| Unemployed <i>n</i> (%)                  | 95           | (71%) | 38                         | (66%) | 57        | (75%)    | 51                     | (63%) | 42        | (86%)** | 53                                      | (69%) | 42        | (74%)    | 48                     | (72%) | 47         | (70%)    |
| Early loss <i>n</i> (%)                  | 65           | (49%) | 28                         | (48%) | 37        | (49%)    | 41                     | (51%) | 21        | (43%)   | 38                                      | (49%) | 27        | (47%)    | 31                     | (46%) | 34         | (51%)    |
| Sexual abuse <i>n</i> (%)                | 69           | (51%) | 29                         | (50%) | 40        | (53%)    | 45                     | (56%) | 24        | (49%)   | 37                                      | (48%) | 32        | (56%)    | 33                     | (49%) | 36         | (54%)    |
| Physical abuse <i>n</i> (%)              | 52           | (39%) | 25                         | (43%) | 27        | (36%)    | 34                     | (42%) | 17        | (35%)   | 27                                      | (35%) | 25        | (44%)    | 27                     | (40%) | 25         | (37%)    |
| Alcohol use > 30 units/week <i>n</i> (%) | 89           | (66%) | 35                         | (60%) | 54        | (71%)    | 52                     | (64%) | 34        | (69%)   | 47                                      | (61%) | 42        | (74%)    | 45                     | (67%) | 44         | (66%)    |
| Drug use > 4 times/week <i>n</i> (%)     | 91           | (68%) | 34                         | (59%) | 57        | (75%)    | 53                     | (65%) | 34        | (69%)   | 53                                      | (69%) | 38        | (67%)    | 43                     | (64%) | 48         | (72%)    |

\**p* < .05  
\*\**p* < .01  
\*\*\**p* < .001