

Data supplement

Table DS1 Method of self-harm, sociodemographic and clinical characteristics: Black and South Asian v. White females aged 16 to 64 years^a

	White females (n = 7938)		South Asian females (n = 459)		χ^2 test		Black females (n = 288)		χ^2 test	
	n	%	n	%	P	Degrees of freedom	n	%	P	Degrees of freedom
Age, years					<0.001	1			<0.001	1
16–34	4840	61	383	83			229	80		
35–64	3098	39	76	17			59	20		
Self-harm method					<0.001	3			<0.001	3
Self-poisoning (drugs)	6985	88	402	88			256	89		
Self-poisoning (other)	30	0.4	15	3			9	3		
Self-injury (cutting)	794	10	29	6			19	7		
Self-injury (other)	129	2	13	3			4	1		
Marital status					<0.001	3			<0.001	3
Single	2953	50	158	41			137	56		
Married/partnered	1926	33	181	48			87	36		
Separated/divorced	972	16	39	10			15	6		
Widowed	76	1	3	1			4	2		
Missing	2011	25	78	17			45	16		
Living arrangement					<0.001	3			0.63	3
Alone	866	16	18	5			33	14		
Children only	734	13	26	7			28	12		
Partner, relative or friend	3410	62	273	78			150	63		
Other	506	9	34	10			26	11		
Employment status					<0.001	5			<0.001	5
Employed	2548	38	110	27			76	29		
Unemployed	1813	27	59	15			84	32		
Household duties	590	9	100	25			15	6		
Registered sick/disabled	711	11	15	4			18	7		
Student	908	13	110	27			59	23		
Other (including retired)	184	3	7	2			7	3		
Missing	1184	15	58	13			29	10		
Precipitating problems ^b						1				
Relationship with partner	3166	45	201	51	0.01		120	48	0.34	
Relationship with family/sibling	2036	29	143	36	0.001		56	22	0.03	
Financial problem	795	11	27	7	0.01		18	7	0.04	
Housing problem	693	10	16	4	<0.001		34	13	0.05	
Physical health problems	690	10	35	9	0.60		12	5	0.01	
Mental health problems	1282	18	37	9	<0.001		35	14	0.09	
Bereavement	607	9	14	4	<0.001		20	8	0.73	
Missing	834	11	66	14			36	13		
<i>Clinical characteristics</i>						1				
Alcohol involved at attempt	3980	56	47	11	<0.001		88	33	<0.001	
Missing	848	11	48	11			25	9		
Any previous self-harm episode	3787	57	146	37	<0.001		104	41	<0.001	
Missing	1267	16	61	13			34	12		
Current psychiatric treatment	2851	40	78	19	<0.001		62	23	<0.001	
Missing	845	11	47	10			23	8		
Previous psychiatric treatment	3528	51	95	24	<0.001		81	31	<0.001	
Missing	1012	13	58	13			29	10		

a. Missing data were excluded from the analysis.

b. An individual may report more than one precipitating problem.

Table DS2 Method of self-harm, sociodemographic and clinical characteristics: Black and South Asian v. White males aged 16–64 years^a

	White males (n = 5949)		South Asian males (n = 218)		χ^2 test		Black males (n = 145)		χ^2 test	
	n	%	n	%	P	Degrees of freedom	n	%	P	Degrees of freedom
Age, years					<0.001	1			0.01	1
16–34	3318	56	171	78			96	66		
35–64	2631	44	47	22			49	34		
Self-harm method					0.007	3			0.007	3
Self-poisoning (drugs)	4832	81	164	75			114	79		
Self-poisoning (other)	58	1	5	2			6	4		
Self-injury (cutting)	789	13	36	17			13	9		
Self-injury (other)	270	5	13	6			12	8		
Marital status					0.007	3			0.52	
Single	2387	56	79	50			72	61		
Married/partnered	1185	28	57	36			29	25		
Separated/divorced	685	16	21	13			17	14		
Widowed	41	1	0	0			0	0		
Missing	1651	28	61	28			27	19		
Living arrangement					0.05	3			0.09	3
Alone	945	24	22	15			19	18		
Children only	68	2	1	1			0	0		
Partner, relative or friend	2349	60	101	71			66	62		
Other	559	14	19	13			22	21		
Missing	2028	34	75	34			38	26		
Employment status					0.002	5			<0.001	5
Employed	2153	43	76	43			52	42		
Unemployed	1733	35	54	30			44	35		
Household duties	15	0.3	0	0			0	0		
Registered sick/disabled	710	14	21	12			4	3		
Student	257	5	22	12			17	14		
Other (including retired)	147	3	5	3			7	6		
Missing	934	16	40	18			21	14		
Precipitating problems ^b						1				
Relationship with partner	2394	45	79	43	0.54		52	41	0.34	
Relationship with family/sibling	961	18	51	28	0.001		22	17	0.81	
Financial problem	824	16	19	10	0.05		19	15	0.85	
Housing problem	715	14	19	10	0.21		23	18	0.14	
Physical health problems	568	11	13	7	0.11		10	8	0.30	
Mental health problems	905	17	30	16	0.78		20	16	0.69	
Bereavement	392	7	9	5	0.20		8	6	0.64	
Missing	654	11	34	16			18	36		
<i>Clinical characteristics</i>						1				
Alcohol involved at attempt	3288	63	77	42	<0.001		48	37	<0.001	
Missing	726	12	34	16			16	11		
Any previous self-harm episode	2547	52	61	35	<0.001		50	39	0.005	
Missing	1052	18	44	20			18	12		
Current psychiatric treatment	1862	36	45	25	0.002		38	29	0.09	
Missing	764	13	36	17			13	9		
Previous psychiatric treatment	2541	50	64	35	<0.001		46	36		
Missing	862	14	33	15			17	12	0.002	

a. Missing data were excluded from the analysis.
b. An individual may report more than one precipitating problem.