Study or Subgroup	Soy Protein & Isoflavones Mean	SD	Total	Comparator Mean	SD	Total	Weight	Mean Difference IV, Random, 95% CI	Year
Teede 2004	0.42	0.2	30	0.48	0.2	20	25.8%	-0.06 [-0.17, 0.05]	2004
Fanti 2006	-8.5	11.02	15	-3.1	11.65	10	0.2%	-5.40 [-14.52, 3.72]	2006
Hanson 2006	0.5	0.7	14	0.2	0.4	14	20.6%	0.30 [-0.12, 0.72]	2006
Greany 2008	0.35	2.57	34	-0.29	1.67	34	9.9%	0.64 [-0.39, 1.67]	2008
Tormala 2009	0.06	0.28	40	-0.1	0.2	40	25.9%	0.16 [0.05, 0.27]	2009
Christie 2010	0.4	16.32	17	4.9	19.82	16	0.1%	-4.50 [-16.93, 7.93]	2010
Napora 2011	2.1	1.14	17	-0.18	0.39	16	17.4%	2.28 [1.71, 2.85]	2011
Total (95% CI)			**167**			**150**	**100.0%**	**0.53 [0.12, 0.94]**	

Heterogeneity: Tau² = 0.17; Chi² = 68.01, df = 6 (P < 0.00001); I² = 91%

Test for overall effect: Z = 2.54 (P = 0.01)