Study or Subgroup	Soy Protein Mean	Soy Protein SD	Soy Protein Total	Comparator Mean	Comparator SD	Comparator Total	Weight	Mean Difference IV, Random, 95% CI	Year
Teede 2004	0.42	0.2	30	0.48	0.2	20	19.5%	-0.06 [-0.17, 0.05]	2004
Fanti 2006	-8.5	12.06	15	-3.1	19.09	10	0.2%	-5.40 [-18.71, 7.91]	2006
Hanson 2006	0.5	0.7	14	0.2	0.4	14	17.4%	0.30 [-0.12, 0.72]	2006
Greany 2008	0.35	2.81	34	-0.29	2.36	34	9.3%	0.64 [-0.59, 1.87]	2008
Tormala 2009	0.06	0.32	40	-0.1	0.28	40	19.4%	0.16 [0.03, 0.29]	2009
Christie 2010	0.4	16.32	17	4.9	19.82	16	0.2%	-4.50 [-16.93, 7.93]	2010
Ma 2011	-0.68	0.54	45	0.32	0.29	45	19.2%	-1.00 [-1.18, -0.82]	2011
Napora 2011	2.1	1.24	17	-0.18	0.64	16	14.9%	2.28 [1.61, 2.95]	2011
Total (95% CI)			**212**			**195**	**100.0%**	**0.26 [-0.26, 0.78]**	

Heterogeneity: Tau² = 0.36; Chi² = 167.10, df = 7 (P < 0.00001); I² = 96%

Test for overall effect: Z = 0.99 (P = 0.32)