| Study or Subgroup | Soy Protein Mean | Soy Protein SD | Soy Protein Total | Comparator Mean | Comparator SD | Comparator Total | Weight | Mean Difference IV, Random, 95% CI |
|---|---|---|---|---|---|---|---|---|
| **8.1.1 Soy protein BMI ≥25** | | | | | | | | |
| Sathyapalan 2011 | 0.2 | 0.01 | 25 | 0 | 0.01 | 25 | 54.1% | 0.20 [0.19, 0.21] |
| Sathyapalan 2017 | -0.13 | 3.92 | 86 | -2.55 | 4.35 | 85 | 45.9% | 2.42 [1.18, 3.66] |
| **Subtotal (95% CI)** | | | **111** | | | **110** | **100.0%** | **1.22 [-0.95, 3.39]** |
| Heterogeneity: Tau² = 2.26; Chi² = 12.28, df = 1 (P = 0.0005); I² = 92% | | | | | | | | |
| Test for overall effect: Z = 1.10 (P = 0.27) | | | | | | | | |
| **Total (95% CI)** | | | **111** | | | **110** | **100.0%** | **1.22 [-0.95, 3.39]** |
| Heterogeneity: Tau² = 2.26; Chi² = 12.28, df = 1 (P = 0.0005); I² = 92% | | | | | | | | |
| Test for overall effect: Z = 1.10 (P = 0.27) | | | | | | | | |
| Test for subgroup differences: Not applicable | | | | | | | | |