Study or Subgroup	Soy Protein Mean	Soy Protein SD	Soy Protein Total	Comparator Mean	Comparator SD	Comparator Total	Weight	Mean Difference IV, Random, 95% CI	Year
Teede 2004	0.42	0.2	30	0.48	0.2	20	41.1%	-0.06 [-0.17, 0.05]	2004
Hanson 2006	0.5	0.7	14	0.2	0.4	14	13.9%	0.30 [-0.12, 0.72]	2006
Greany 2008	0.35	2.57	34	-0.29	1.67	34	3.1%	0.64 [-0.39, 1.67]	2008
Tormala 2009	0.06	0.28	40	-0.1	0.2	40	41.8%	0.16 [0.05, 0.27]	2009
Christie 2010	0.4	16.32	17	4.9	19.82	16	0.0%	-4.50 [-16.93, 7.93]	2010
Total (95% CI)			**135**			**124**	**100.0%**	**0.10 [-0.08, 0.29]**	

Heterogeneity: Tau² = 0.02; Chi² = 10.64, df = 4 (P = 0.03); I² = 62%

Test for overall effect: Z = 1.08 (P = 0.28)