Study or Subgroup	Soy Protein Mean	Soy Protein SD	Soy Protein Total	Comparator Mean	Comparator SD	Comparator Total	Weight	Mean Difference IV, Random, 95% CI	Year
Teede 2004	0.42	0.2	30	0.48	0.2	20	21.8%	-0.06 [-0.17, 0.05]	2004
Fanti 2006	-8.5	11.02	15	-3.1	11.65	10	0.7%	-5.40 [-14.52, 3.72]	2006
Hanson 2006	0.5	0.7	14	0.2	0.4	14	20.5%	0.30 [-0.12, 0.72]	2006
Greany 2008	0.35	2.57	34	-0.29	1.67	34	15.6%	0.64 [-0.39, 1.67]	2008
Christie 2010	0.4	16.32	17	4.9	19.82	16	0.4%	-4.50 [-16.93, 7.93]	2010
Ma 2011	-0.68	0.54	45	0.32	0.29	45	21.6%	-1.00 [-1.18, -0.82]	2011
Napora 2011	2.1	1.14	17	-0.18	0.39	16	19.5%	2.28 [1.71, 2.85]	2011
Total (95% CI)			**172**			**155**	**100.0%**	**0.32 [-0.44, 1.09]**	

Heterogeneity: Tau² = 0.69; Chi² = 163.45, df = 6 (P < 0.00001); I² = 96%

Test for overall effect: Z = 0.83 (P = 0.41)