Study or Subgroup	Soy Protein Mean	Soy Protein SD	Soy Protein Total	Comparator Mean	Comparator SD	Comparator Total	Weight	Mean Difference IV, Random, 95% CI	Year
6.1.1 Soy protein >8 weeks									
Charles 2009	0.06	0.22	32	-0.05	0.1	43	63.3%	0.11 [0.03, 0.19]	2009
Christie 2010	-0.07	0.29	17	0.12	2.78	16	3.1%	-0.19 [-1.56, 1.18]	2010
Napora 2011	-0.4	0.62	17	-0.2	0.14	16	33.6%	-0.20 [-0.50, 0.10]	2011
Subtotal (95% CI)			**66**			**75**	**100.0%**	**-0.00 [-0.25, 0.24]**	
Heterogeneity: Tau² = 0.02; Chi² = 3.92, df = 2 (P = 0.14); I² = 49%									
Test for overall effect: Z = 0.03 (P = 0.98)									
Total (95% CI)			**66**			**75**	**100.0%**	**-0.00 [-0.25, 0.24]**	
Heterogeneity: Tau² = 0.02; Chi² = 3.92, df = 2 (P = 0.14); I² = 49%									
Test for overall effect: Z = 0.03 (P = 0.98)									
Test for subgroup differences: Not applicable									