Study or Subgroup	Soy Protein Mean	Soy Protein SD	Soy Protein Total	Comparator Mean	Comparator SD	Comparator Total	Weight	Mean Difference IV, Random, 95% CI	Year
Fanti 2006	-3.7	13.14	15	10.5	43.27	10	0.0%	-14.20 [-41.83, 13.43]	2006
Christie 2010	-0.07	0.29	17	0.12	2.78	16	4.7%	-0.19 [-1.56, 1.18]	2010
Napora 2011	-0.4	0.62	17	-0.2	0.14	16	95.3%	-0.20 [-0.50, 0.10]	2011
Total (95% CI)			**49**			**42**	**100.0%**	**-0.20 [-0.50, 0.09]**	

Heterogeneity: Tau² = 0.00; Chi² = 0.99, df = 2 (P = 0.61); I² = 0%

Test for overall effect: Z = 1.33 (P = 0.18)