| Study or Subgroup | Soy Protein Mean | Soy Protein SD | Soy Protein Total | Comparator Mean | Comparator SD | Comparator Total | Weight | Mean Difference IV, Random, 95% CI | Year |
|---|---|---|---|---|---|---|---|---|---|
| **6.1.1 Soy protein <30 g/d** | | | | | | | | | |
| Fanti 2006 | -3.7 | 13.14 | 15 | 10.5 | 43.27 | 10 | 0.0% | -14.20 [-41.83, 13.43] | 2006 |
| Charles 2009 | 0.06 | 0.22 | 32 | -0.05 | 0.1 | 43 | 63.1% | 0.11 [0.03, 0.19] | 2009 |
| Christie 2010 | -0.07 | 0.29 | 17 | 0.12 | 2.78 | 16 | 3.1% | -0.19 [-1.56, 1.18] | 2010 |
| Napora 2011 | -0.4 | 0.62 | 17 | -0.2 | 0.14 | 16 | 33.8% | -0.20 [-0.50, 0.10] | 2011 |
| **Subtotal (95% CI)** | | | **81** | | | **85** | **100.0%** | **-0.01 [-0.25, 0.24]** | |
| Heterogeneity: Tau² = 0.02; Chi² = 4.94, df = 3 (P = 0.18); I² = 39% | | | | | | | | | |
| Test for overall effect: Z = 0.04 (P = 0.97) | | | | | | | | | |
| **Total (95% CI)** | | | **81** | | | **85** | **100.0%** | **-0.01 [-0.25, 0.24]** | |
| Heterogeneity: Tau² = 0.02; Chi² = 4.94, df = 3 (P = 0.18); I² = 39% | | | | | | | | | |
| Test for overall effect: Z = 0.04 (P = 0.97) | | | | | | | | | |
| Test for subgroup differences: Not applicable | | | | | | | | | |