

The aggregate set of items from all three questionnaires are given below, along with an indication of what ages each item was used for. Where an item appears in the figures, the abbreviated name used also appears. Dark lines indicate the questionnaire sections.

Questionnaire reads: ALL questions refer to THIS LAST MONTH

How often does your child eat the following types of food or drinks?

Options are: Never, Less than once per month, 1-3 times per month, 1 time per week, 2-4 times per week, 5-6 times per week, Once per day, 2 or more times per day.

Questionnaire food description	Short name	Ages
Trim Milk (green, yellow, purple)*		ALL
Light blue milk**		ALL
Other milk (dark blue, full cream)*		ALL
Milk shakes or flavoured milk drinks		ALL
Milk on Cereals	MILK w CEREAL	ALL
Ice Cream	ICE CREAM	ALL
Yoghurt/Dairy Dessert		3,11
Cheese		ALL
Butter		ALL
Margarine	MARGARINE	ALL
Blended Preparation		7,11
Soya milk as a drink	SOY MILK	ALL
Rice milk as a drink		7,11
Other type as drink		11
Non milk shakes or flavoured milk substitute drinks		7,11
Milk Substitute on Cereals	MILKSUBII	7,11
Non Dairy desserts eg soy "icecream", yoghurt etc	MILKSUBIII	7,11
Avocados	AVOCADOS	11
Bananas		ALL
Apples/Pears	APPLES	ALL
Oranges	ORANGES	ALL
Berries(frozen or fresh)	BERRIES	ALL
Stone fruit (fresh apricots, plum, peach)		ALL
Kiwifruit	KIWIFRUIT	ALL
Pineapple	PINEAPPLE	ALL
Grapes		ALL
Feijoas		ALL
Canned fruit with syrup		ALL
Canned fruit with juice		ALL
Dried fruit	DRIED FRUIT	ALL
Tomatoes	TOMATOES	ALL
Cucumber	CUCUMBER	ALL
Sweet corn, canned or on cob		ALL
Beans (fresh or frozen but not baked)	BEANS	ALL

\*Colors refer to bottle cap colors, which in New Zealand are used by all major brands to indicate milkfat content.

Broccoli		ALL
Cauliflower		ALL
Brussels sprouts		ALL
Carrots	CARROTS	ALL
Peas	PEAS	ALL
Mixed vegetables	MIX VEG	ALL
Potatoes/taro steamed or boiled		11
Potatoes/taro roasted		11
Hot potato fries/chips	POTATO FRIES	11
Potatoes		3,7
Kumara/pumpkin steamed or boiled	PUMPKIN	ALL
Kumara/pumpkin roasted	KUMARA	ALL
Spinach or silverbeet	SPINACH	ALL
Puha		ALL
Other green leafy vegetables	OTHER GREEN VEG	ALL
Celery		ALL
Peppers (all colours)	PEPPERS	ALL
Eggs		ALL
Heart Healthy eggs		3,7
Chicken	CHICKEN	ALL
Bacon/Ham	BACON, HAM	ALL
Processed meats eg luncheon, salami		ALL
Liver		ALL
Hamburger	HAMBURGER	ALL
Beef/Pork/Lamb as part of a dish such as stirfry, chow mein	DISH w MEAT	ALL
Beef/Pork/Lamb as the main dish eg steak, chops, roast, lasagne	CHOPS, ROAST	ALL
Corn Beef (canned)		ALL
Canned tuna in water/brine	TUNA(H2O PACK)	ALL
Canned tuna in oil		ALL
Dark Fish (salmon, sardines, fresh or tinned in brine/water)	FISH (H2O PACK)	ALL
Tinned salmon or sardines in oil	FISH (OIL PACK)	ALL
Other canned fish		7,11
Fish Fillets (fresh or frozen, with or without crumbs)		ALL
Halibut		3,7
Mussels, pipis, prawns, etc	SHELLFISH	ALL
Prawns	PRAWNS	7
Breakfast cereal including standard weetbix, cornflakes	CEREAL	
Sweetened breakfast cereal such as Froot Loops or Cocopops	SWEET CEREAL	11
Weetbix hi bran or multigrain		ALL
Muesli	MUESLI	ALL
Porridge		ALL
White bread	WHITE BREAD	ALL

Mixed grain breads	MIXED GRAIN BREAD	ALL
Omega 3 bread eg Burgen, Linseed Bread, Norths, Top Up		ALL
Brown Rice	BROWN RICE	ALL
White Rice		ALL
Pasta/noodles		ALL
Potato or other chips/crisps	CHIPS	ALL
Popcorn		7,11
Lollies/sweets	LOLLIES	7,11
Chocolate	CHOCOLATE	7,11
Candy bars	CANDY BAR	ALL
Muesli bars		ALL
Chocolate covered and cream filled cookies/biscuits		11
Semi-sweet cookies/biscuits		ALL
Homemade biscuits		3,7
Crackers/crispbreads		11
Bought cakes/muffins		ALL
Homemade cakes/muffins		ALL
Nutella		11
Peanut butter		11
Jam/honey	JAM	11
Marmite/vegemite		11
Mayonnaise/salad dressing	MAYO, DRESSING	11
Tomato sauce/ketchup		11
Coffee		ALL
Tea		ALL
Soft drinks (eg Coca Cola, Fanta)	SOFTDRINK	ALL
Soft drinks lite or sugar free		11
Fruit flavoured drinks and cordials	CORDIAL	ALL
Fruit juice (reconstituted/freshly squeezed eg Charlies, Raro, Keri, fruit smoothies)	JUICE	ALL
Vegetable juice (eg tomato, carrot)		11
Water		ALL
Walnuts	WALNUTS	ALL
Almonds	ALMONDS	ALL
Other Nuts	OTHER NUTS	ALL
General Multi-Vitamins		ALL
Vitamin C		ALL
Iron Supplement		ALL
Fish/Cod liver oil		7,11
Other Vitamins or Supplements		3,7