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| **Supplementary table 1. Sociodemographic characteristics related to pregnancy planning.** |
|  | **Pregnancy planning** |
|   | **Yes** | **No** | **p** |
| Smoking at recruitment |  |  | 0.010 |
| Yes | 16.10 | 24.70 |  |
| No | 83.90 | 75.30 |  |
| Age, years |  |  | 0.003 |
| <25 | 12.60 | 22.80 |  |
| 25-34.99 | 64.10 | 60.10 |  |
| ≥35 | 23.20 | 17.10 |  |
| Familiar SES |  |  | <0.001 |
| Low | 13.70 | 25.90 |  |
| Middle | 68.20 | 62.00 |  |
| High | 18.00 | 12.00 |  |
| Ethnic origin |  |  | 0.006 |
| Caucasian | 84.50 | 74.60 |  |
| Ethnic minorities | 15.50 | 25.40 |  |
| Adherence to Mediterranean diet  |  |  | 0.050 |
| Low-Middle | 65.10 | 73.40 |  |
| High | 34.90 | 26.60 |   |
| SES, socioeconomical status |