**Supplementary file 2: Categories of dairy consumption with their hazard ratios and confidence intervals**

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| Study ID | Milk | Cheese | Yogurt |
| Genkinger (2014) | ≥500 g/day versus 1-69 g/day: 0.98 (0.82, 1.18) | ≥50 g/day versus 1-24.9 g/day: 1.26 (0.91, 1.76) | ≥57 g/day versus 0 g/day: 0.93 (0.81, 1.08) |
| Ursin (1990) | ≥2 glasses/day versus <1 glass/day: 0.71 (0.41, 1.25) | NA | NA |
| Matsumoto (2007) | every day versus not every day: 0.97 (0.33, 2.90) | NA | every day versus not every day: 1.19 (0.15, 9.10) |
| Khan (2004) | several times/week and every day versus never, several times/year, and several times/month: 1.20 (0.40, 4.10) in women and 1.40 (0.40, 5.20) in men | NA | several times/week and every day versus never, several times/year, and several times/month: 0.90 (0.20, 3.90) in women and 0.50 (0.10, 4.20) in men |
| This study (2021) | 1-2 times/month, 1-2 times/week, and ≥3 times/week versus no: 1.22 (0.70, 2.13), 0.81 (0.47, 1.37), and 0.91 (0.62, 1.33) | 1-2 times/month, 1-2 times/week, and ≥3 times/week versus no: 0.67 (0.43, 1.02), 1.00 (0.64, 1.58), and 0.91 (0.51, 1.62) | 1-2 times/month, 1-2 times/week, and ≥3 times/week versus no: 0.76 (0.47, 1.24), 0.55 (0.29, 1.03), and 0.68 (0.38, 1.21) |

This study: the JACC study