Table S1. Newcastle-Ottawa Scale quality assessment scores for the included studies.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Study | Selection  (0-4) | Comparability  (0-2) | Outcome  (0-3) | Total stars |
| Bao  Elghiaty  Song  Xu  Zheng  Ishihara | ★★★  ★★  ★★★  ★★★★  ★★★  ★★★★ | ★  ★  ★★  ★★  ★★  ★★ | ★★★  ★★★  ★★★  ★★★  ★★  ★★ | 7  6  8  9  7  8 |