**Supplemental Table 1.** Baseline sample characteristics comparing adolescents included and not included in the analysis

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Total** | **Not included** | **Included**  | **p-value** |
|  | **N=5,359** | **N=3,748** | **N=1,611** |  |
| Age (years) | 13.8 (1.3) | 13.7 (1.2) | 13.9 (1.3) | <0.001 |
| Sex |  |  |  | <0.001 |
|  Men | 2,783 (51.9%) | 1,767 (47.1%) | 1,016 (63.1%) |  |
|  Women | 2,576 (48.1%) | 1,981 (52.9%) | 595 (36.9%) |  |
| Urbanization |  |  |  | <0.001 |
|  Low | 2,251 (42.0%) | 1,500 (40.0%) | 751 (46.6%) |  |
|  Medium | 1,703 (31.8%) | 1,194 (31.9%) | 509 (31.6%) |  |
|  High | 1,405 (26.2%) | 1,054 (28.1%) | 351 (21.8%) |  |
| Income |  |  |  |  0.007 |
|  Low | 1,996 (37.6%) | 1,435 (38.7%) | 561 (35.0%) |  |
|  Medium | 1,823 (34.3%) | 1,274 (34.4%) | 549 (34.2%) |  |
|  High | 1,492 (28.1%) | 999 (26.9%) | 493 (30.8%) |  |
| BMI (kg/m2) | 18.2 (2.7) | 18.2 (2.7) | 18.1 (2.6) |  0.41 |
| Systolic BP (mmHg) | 101.0 (11.8) | 101.0 (11.8) | 100.7 (11.8) |  0.49 |
| Diastolic BP (mmHg) | 66.1 (8.8) | 66.4 (8.8) | 65.5 (8.9) |  0.006 |
| Energy intake (kcal/d) | 2070.4 (601.1) | 2024.3 (597.6) | 2202.4 (591.7) | <0.001 |
| Fat intake (g/d) | 59.0 (34.3) | 58.9 (34.8) | 59.3 (32.9) |  0.75 |
| Protein intake (g/d) | 62.6 (23.6) | 61.0 (22.9) | 67.3 (24.8) | <0.001 |
| Carbohydrate intake (g/d) | 322.2 (106.4) | 312.5 (102.7) | 349.9 (112.0) | <0.001 |
| Calcium intake (mg/d) | 373.4 (287.0) | 358.0 (266.5) | 417.9 (335.4) | <0.001 |

Data are presented as mean (SD) for continuous measures, and n (%) for categorical measures.