**Supplemental Tables**

**Changes in food group’s intake from 1999 to 2012 among Mexican children and women.**

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| **Supplemental Table 1.**  Unadjusted and adjusted differences in the % of calories per capita per food group, grouped in healthy and unhealthy foods from solid foods in Mexican children by urbanicity between 1999 and 2012 | | | | | | | | | | | | | | | | | | | | |
|  | Children (2-11 years) | | | | | | | | | | | | | | | | | | | |
|  | Unadjusted | | | | | | | | | Adjusteda | | | | | | | | | | |
|  | Urban | | | | Rural | | | |  | Urban | | | | Rural | | | | |  |
| Food Group | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | Unadjusted model interaction | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | MNNS 1999 | | | %kcal difference MHNS 2012 vs MNNS 1999 | | Adjusted model interaction |
| Healthy Foods | mean | SE | β | 95% CI | mean | SE | β | 95% CI | p-value | mean | SE | β | 95% CI | mean | SE | | β | 95% CI | p-value |
| Fruits | 3.8 | 0.3 | 0.5 | -0.2, 1.3 | 3.5 | 0.3 | 1.3 | 0.2, 2.4 | 0.265 | -1.0 | 0.7 | 0.6 | -0.2, 1.4 | -1.3 | 0.8 | | 1.4 | 0.1, 2.6 | 0.261 |
| Vegetables | 2.0 | 0.1 | 1.2 | 0.8, 1.5 | 1.3 | 0.1 | 1.6 | 1.1, 2.0 | 0.159 | 2.6 | 0.4 | 1.1 | 0.7, 1.4 | 2.1 | 0.4 | | 1.5 | 1.0, 2.0 | 0.125 |
| Legumes | 3.8 | 0.2 | -0.6 | -1.4, 0.3 | 7.7 | 0.4 | -1.7 | -2.9, -0.5 | 0.137 | 4.5 | 0.8 | -0.2 | -1.1, 0.6 | 6.3 | 0.9 | | -0.5 | -1.8, 0.8 | 0.749 |
| Tortilla | 17.1 | 0.6 | -1.9 | -3.5, -0.3 | 33.9 | 1.3 | -7.9 | -11.4, -4.4 | 0.002 | 32.1 | 1.5 | -0.7 | -2.2, 0.7 | 39.3 | 2.0 | | -3.6 | -7.0, -0.1 | 0.131 |
| Whole grains | 2.7 | 0.2 | -1.6 | -2.0, -1.1 | 2.7 | 0.3 | -1.4 | -2.3, -0.4 | 0.714 | 1.3 | 0.5 | -1.6 | -2.1, -1.2 | 1.5 | 0.7 | | -1.4 | -2.4, -0.5 | 0.729 |
| Low-fiber cereals and tubers | 13.8 | 0.5 | -0.6 | -2.1, 1.0 | 8.1 | 0.7 | 3.1 | 1.2, 5.0 | 0.004 | 12.6 | 1.4 | -0.7 | -2.3, 0.9 | 9.5 | 1.5 | | 2.1 | 0.2, 4.1 | 0.023 |
| Nuts | 0.4 | 0.1 | 0.0 | -0.3, 0.3 | 0.7 | 0.3 | -0.4 | -1.0, 0.2 | 0.271 | 0.4 | 0.3 | 0.0 | -0.4, 0.3 | 1.1 | 0.5 | | -0.5 | -1.3, 0.3 | 0.324 |
| Fish and shellfish | 0.8 | 0.1 | -0.1 | -0.5, 0.2 | 0.7 | 0.2 | 0.5 | -0.1, 1.2 | 0.063 | 0.9 | 0.3 | -0.2 | -0.5, 0.2 | 0.6 | 0.5 | | 0.6 | -0.1, 1.3 | 0.053 |
| Eggs | 3.3 | 0.2 | 0.4 | -0.2, 0.9 | 4.1 | 0.2 | -0.7 | -1.3, -0.1 | 0.014 | 0.2 | 0.5 | 0.5 | -0.1, 1.1 | 0.9 | 0.5 | | -0.7 | -1.3, 0.0 | 0.006 |
| White meat | 4.8 | 0.4 | -0.1 | -1.2, 1.0 | 3.0 | 0.4 | 1.0 | -0.2, 2.2 | 0.178 | 3.5 | 1.0 | -0.4 | -1.4, 0.7 | 2.9 | 1.1 | | 0.3 | -0.9, 1.6 | 0.412 |
| Dairy products without sugar | 2.5 | 0.2 | 1.2 | 0.6, 1.8 | 1.7 | 0.3 | 1.3 | 0.4, 2.2 | 0.897 | 2.8 | 0.6 | 1.1 | 0.4, 1.7 | 2.4 | 0.6 | | 1.0 | 0.1, 1.8 | 0.869 |
| Vegetable oils | 8.4 | 0.3 | -2.4 | -3.1, -1.6 | 7.5 | 0.4 | -1.1 | -2.1, 0.0 | 0.047 | 7.4 | 0.7 | -2.4 | -3.1, -1.6 | 7.0 | 0.7 | | -1.6 | -2.8, -0.5 | 0.255 |
| Unhealthy Food | | | | | |  |  |  |  |  | | | | | |  |  |  |  |
| Salty snacks | 4.7 | 0.3 | 2.3 | 1.2, 3.4 | 3.8 | 0.4 | 0.3 | -0.9, 1.4 | 0.013 | 10.1 | 1.0 | 2.0 | 1.0, 3.1 | 10.9 | 1.2 | | -0.1 | -1.3, 1.1 | 0.008 |
| Sweet bread from bakery | 10.6 | 0.7 | -3.7 | -5.5, -2.0 | 7.8 | 0.8 | -0.1 | -2.2, 2.0 | 0.010 | 8.0 | 1.5 | -3.8 | -5.6, -2.0 | 5.2 | 1.8 | | -0.8 | -3.1, 1.5 | 0.035 |
| Industrialized sweet bread, pastries, and crackers | 3.7 | 0.4 | 3.5 | 2.3, 4.6 | 2.4 | 0.3 | 2.9 | 1.8, 4.0 | 0.493 | 0.0 | 1.1 | 3.4 | 2.2, 4.7 | 0.2 | 1.2 | | 2.6 | 1.4, 3.7 | 0.282 |
| Ready-to-eat cereals | 0.9 | 0.1 | 1.1 | 0.6, 1.6 | 0.3 | 0.1 | 0.4 | 0.1, 0.7 | 0.024 | -0.1 | 0.4 | 1.1 | 0.6, 1.6 | -0.4 | 0.4 | | 0.4 | 0.1, 0.7 | 0.013 |
| Red meat | 6.4 | 0.4 | 0.1 | -1.1, 1.3 | 3.2 | 0.4 | 0.6 | -0.5, 1.8 | 0.478 | 9.2 | 1.0 | -0.4 | -1.6, 0.7 | 7.7 | 1.1 | | -0.3 | -1.6, 0.9 | 0.937 |
| Processed meat | 1.5 | 0.1 | 0.4 | 0.0, 0.8 | 0.5 | 0.1 | 0.5 | 0.2, 0.9 | 0.726 | 0.9 | 0.3 | 0.4 | 0.03, 0.83 | 0.3 | 0.4 | | 0.4 | 0.03, 0.76 | 0.890 |
| Sugar added yogurt | 1.2 | 0.2 | 0.4 | -0.1, 0.9 | 0.1 | 0.1 | 0.9 | 0.6, 1.2 | 0.105 | -1.5 | 0.4 | 0.4 | -0.1, 0.8 | -2.2 | 0.4 | | 0.7 | 0.4, 1.1 | 0.235 |
| Sweets and desserts | 2.2 | 0.2 | 0.4 | -0.1, 0.9 | 1.7 | 0.2 | 0.2 | -0.4, 0.8 | 0.649 | 1.0 | 0.5 | 0.4 | -0.1, 0.9 | 1.0 | 0.6 | | 0.0 | -0.7, 0.7 | 0.396 |
| Honey, sugar, syrups | 1.9 | 0.1 | -1.2 | -1.6, -0.9 | 1.1 | 0.1 | -0.7 | -1.2, -0.2 | 0.085 | 1.1 | 0.3 | -1.2 | -1.5, -0.9 | 0.5 | 0.4 | | -0.8 | -1.4, -0.1 | 0.201 |
| Animal Fats | 2.9 | 0.2 | 0.9 | 0.3, 1.5 | 2.7 | 0.3 | 0.1 | -0.8, 0.9 | 0.120 | 4.2 | 0.6 | 0.9 | 0.3, 1.4 | 3.9 | 0.6 | | 0.0 | -0.9, 0.9 | 0.115 |
| Linear regression models were used to predict the means ± Standard Errors (SE) and 95% Confidence Intervals (95% CI). .Estimates were weighted to adjust for unequal probability of sampling and to be nationally representative. The sample size is 7,695 children in both unadjusted and adjusted models.  MNS 1999, Mexican Nutrition Survey 1999  MHNS 2012, Mexican Health and Nutrition Survey 2012  a Differences adjusted by sex, age, area, geographic area, flooring material, ceiling, walls, kitchen, water disposal. | | | | | | | | | | | | | | | | | | | | |

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| **Supplemental Table 2.**  Unadjusted and adjusted differences in the % of calories per capita per food group, grouped in healthy and unhealthy foods from solid foods in Mexican adolescent girls by urbanicity between 1999 and 2012 | | | | | | | | | | | | | | | | | | | |
|  | Adolescent Girls (12-19 years) | | | | | | | | | | | | | | | | | | |
|  | Unadjusted | | | | | | | | | Adjusteda | | | | | | | | | |
|  | Urban | | | | Rural | | | |  | Urban | | | | Rural | | | |  | |
| Food Group | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | Unadjusted model interaction | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | Adjusted model interaction |
| Healthy Foods | mean | SE | β | CI 95% | mean | SE | β | CI 95% | p-value | mean | SE | β | CI 95% | mean | SE | β | CI 95% | p-value |
| Fruits | 1.9 | 0.3 | 1.1 | -0.1, 2.3 | 2.7 | 0.4 | 1.5 | 0.05, 3.13 | 0.673 | 1.3 | 0.5 | 1.2 | 0, 2.5 | 2.9 | 0.5 | 1.4 | -0.2, 3 | 0.860 |
| Vegetables | 2.5 | 0.2 | 1.0 | 0.4, 1.6 | 1.8 | 0.2 | 1.5 | 0.6, 2.4 | 0.394 | 2.8 | 0.3 | 0.9 | 0.3, 1.5 | 2.1 | 0.3 | 1.5 | 0.6, 2.4 | 0.294 |
| Legumes | 3.3 | 0.3 | -1.0 | -2.02, 0.01 | 8.0 | 0.6 | -3.0 | -5.0, -0.9 | 0.089 | 3.1 | 0.6 | -1.0 | -1.9, 0 | 5.5 | 0.9 | -1.7 | -3.8, 0.5 | 0.552 |
| Tortilla | 23.6 | 1.3 | -5.8 | -9.2, -2.3 | 40.5 | 2.3 | -9.2 | -14.8, -3.5 | 0.315 | 25.0 | 1.6 | -3.7 | -6.8, -0.5 | 31.2 | 2.4 | -5.2 | -10.5, 0.2 | 0.629 |
| Whole grains | 1.8 | 0.6 | -1.0 | -2.1, 0.2 | 1.9 | 0.3 | -1.2 | -1.9, -0.4 | 0.782 | 1.9 | 0.6 | -0.9 | -2, 0.1 | 2.3 | 0.5 | -1.3 | -2.3, -0.2 | 0.626 |
| Low-fiber cereals and tubers | 10.2 | 1.0 | 0.9 | -1.7, 3.6 | 8.8 | 1.1 | -0.2 | -3.3, 2.9 | 0.583 | 9.3 | 1.3 | 0.5 | -2.2, 3.2 | 10.2 | 1.5 | -1.6 | -5.1, 2 | 0.332 |
| Nuts | 1.2 | 0.6 | -0.4 | -1.9, 1.1 | 0.2 | 0.2 | 0.3 | -0.3, 0.9 | 0.365 | 0.7 | 1.0 | -0.5 | -2.2, 1.2 | 0.2 | 0.6 | 0.2 | -0.4, 0.8 | 0.472 |
| Fish and shellfish | 0.7 | 0.3 | 0.1 | -0.6, 0.8 | 0.4 | 0.1 | 0.7 | -0.2, 1.6 | 0.318 | 0.9 | 0.4 | 0.1 | -0.6, 0.8 | 0.7 | 0.3 | 0.7 | -0.1, 1.5 | 0.288 |
| Eggs | 2.4 | 0.3 | -0.1 | -1.0, 0.7 | 1.7 | 0.4 | 1.1 | 0.1, 2.1 | 0.072 | 2.2 | 0.4 | 0.1 | -0.8, 1 | 1.3 | 0.5 | 1.3 | 0.2, 2.3 | 0.093 |
| White meat | 5.0 | 0.7 | -0.5 | -2.3, 1.3 | 2.7 | 0.5 | 1.0 | -0.5, 2.5 | 0.214 | 6.1 | 0.9 | -0.6 | -2.6, 1.3 | 5.8 | 0.9 | 0.2 | -1.6, 1.9 | 0.533 |
| Dairy products without sugar | 3.4 | 0.5 | 0.7 | -0.7, 2.0 | 1.7 | 0.4 | 0.8 | -0.4, 2.0 | 0.877 | 3.9 | 0.7 | 0.3 | -1, 1.6 | 2.9 | 0.7 | 0.2 | -0.9, 1.4 | 0.922 |
| Vegetable oils | 8.5 | 0.6 | -2.0 | -3.4, -0.7 | 5.5 | 0.6 | 0.4 | -1.2, 1.9 | 0.023 | 9.1 | 0.8 | -2.1 | -3.6, -0.7 | 5.9 | 0.7 | 0.4 | -1.1, 2 | 0.016 |
| Unhealthy Food |  |  |  |  |  |  |  |  |  |  | | | | |  |  |  |  |
| Salty snacks | 5.3 | 0.8 | 2.9 | 0.6, 5.3 | 2.9 | 0.6 | 1.3 | -0.6, 3.2 | 0.284 | 4.0 | 1.1 | 2.2 | 0, 4.4 | 2.8 | 1.0 | 1.2 | -0.8, 3.2 | 0.486 |
| Sweet bread from bakery | 7.3 | 0.8 | -2.3 | -4.57, 0.01 | 6.5 | 1.2 | 2.0 | -1.4, 5.3 | 0.039 | 7.1 | 1.0 | -2.0 | -4.4, 0.3 | 5.8 | 2.1 | 1.7 | -2.5, 5.8 | 0.090 |
| Industrialized sweet bread, pastries, and crackers | 3.6 | 0.9 | 3.6 | 1.0, 6.1 | 1.8 | 0.6 | 2.8 | 0.2, 5.4 | 0.673 | 3.8 | 1.2 | 3.5 | 0.9, 6.1 | 3.3 | 1.2 | 2.7 | 0, 5.4 | 0.663 |
| Ready-to-eat cereals | 0.2 | 0.1 | 1.2 | 0.4, 1.9 | 0.0 | 0.0 | 1.3 | -0.1, 2.7 | 0.879 | 0.0 | 0.3 | 0.9 | 0.2, 1.6 | 0.5 | 0.3 | 1.2 | -0.1, 2.5 | 0.676 |
| Red meat | 7.8 | 0.7 | 0.3 | -1.8, 2.5 | 5.1 | 0.8 | -0.1 | -2.4, 2.1 | 0.772 | 8.8 | 1.0 | -0.2 | -2.5, 2.1 | 7.1 | 1.2 | -0.8 | -3.3, 1.8 | 0.745 |
| Processed meat | 1.4 | 0.2 | 0.3 | -0.4, 1.0 | 0.6 | 0.1 | 0.0 | -0.4, 0.4 | 0.426 | 1.3 | 0.3 | 0.2 | -0.6, 1 | 0.7 | 0.3 | 0.0 | -0.5, 0.4 | 0.635 |
| Sugar added yogurt | 0.6 | 0.2 | 0.6 | -0.1, 1.3 | 0.0 | 0.0 | 0.3 | 0.03, 0.61 | 0.514 | 0.6 | 0.3 | 0.6 | -0.2, 1.4 | 0.5 | 0.3 | 0.3 | 0, 0.5 | 0.366 |
| Sweets and desserts | 3.7 | 2.0 | 0.6 | -3.7, 4.9 | 2.1 | 0.3 | -0.7 | -1.7, 0.4 | 0.575 | 2.4 | 1.7 | 0.9 | -2.7, 4.4 | 2.8 | 0.7 | -1.1 | -2.2, 0 | 0.289 |
| Honey, sugar, syrups | 1.1 | 0.3 | -0.6 | -1.24, 0.03 | 1.2 | 0.2 | -0.7 | -1.4, 0.1 | 0.955 | 0.8 | 0.2 | -0.6 | -1.1, 0 | 1.2 | 0.3 | -0.8 | -1.5, -0.1 | 0.625 |
| Animal Fats | 3.7 | 0.4 | 0.7 | -0.5, 1.9 | 3.3 | 0.6 | 0.2 | -1.4, 1.8 | 0.626 | 4.0 | 0.6 | 0.4 | -0.8, 1.6 | 3.9 | 0.8 | -0.2 | -1.9, 1.5 | 0.568 |
| Linear regression models were used to predict the means ± Standard Errors (SE) and 95% Confidence Intervals (95% CI). .Estimates were weighted to adjust for unequal probability of sampling and to be nationally representative. The sample size is 1,528 adolescent girls in both unadjusted and adjusted models.  MNS 1999, Mexican Nutrition Survey 1999  MHNS 2012, Mexican Health and Nutrition Survey 2012  aDifferences adjusted by age, urbanicity, geographic area, flooring material, ceiling, walls, kitchen, water disposal. | | | | | | | | | | | | | | | | | | | |

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| **Supplemental Table 3.**  Unadjusted and adjusted differences in the % of calories per capita per food group, grouped in healthy and unhealthy foods from solid foods in Mexican women by urbanicity between 1999 and 2012 | | | | | | | | | | | | | | | | | | |
|  | Women (20-49 years) | | | | | | | | | | | | | | | | | |
|  | Unadjusted | | | | | | | | | Adjusteda | | | | | | | | |
|  | Urban | | | | Rural | | | |  | Urban | | | | Rural | | | |  |
| Food Group | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | Unadjusted model interaction | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | MNNS 1999 | | %kcal difference MHNS 2012 vs MNNS 1999 | | Adjusted model interaction |
| Healthy Foods | mean | SE | β | 95% CI | mean | SE | β | 95% CI | p-value | mean | SE | β | 95% CI | mean | SE | β | 95% CI | p-value |
| Fruits | 3.3 | 0.2 | -0.1 | -1.0, 0.8 | 2.3 | 0.3 | 1.3 | 0.1, 2.5 | 0.076 | 2.9 | 0.3 | -0.4 | -1.3, 0.5 | 2.7 | 0.4 | 0.7 | -0.6, 1.9 | 0.173 |
| Vegetables | 2.8 | 0.1 | 2.0 | 1.2, 2.7 | 1.9 | 0.2 | 1.1 | 0.4, 1.9 | 0.147 | 2.3 | 0.2 | 1.8 | 1.1, 2.5 | 2.1 | 0.3 | 0.8 | 0, 1.5 | 0.054 |
| Legumes | 3.4 | 0.2 | -0.1 | -1.5, 1.3 | 7.6 | 0.5 | -1.5 | -3.6, 0.5 | 0.250 | 3.0 | 0.3 | -0.2 | -1.4, 1.1 | 6.1 | 0.6 | -1.3 | -3.2, 0.6 | 0.347 |
| Tortilla | 24.5 | 0.6 | -2.6 | -5.1, -0.1 | 44.3 | 1.4 | -10.1 | -14.9, -5.3 | 0.007 | 27.5 | 0.9 | -0.8 | -3.1, 1.5 | 36.2 | 1.4 | -4.3 | -8.5, -0.1 | 0.151 |
| Whole grains | 1.9 | 0.2 | -1.1 | -1.6, -0.6 | 1.6 | 0.2 | -1.0 | -1.6, -0.4 | 0.817 | 1.8 | 0.2 | -1.0 | -1.5, -0.5 | 1.6 | 0.3 | -0.9 | -1.5, -0.3 | 0.710 |
| Low-fiber cereals and tubers | 11.2 | 0.5 | 0.6 | -1.3, 2.5 | 7.8 | 0.6 | 2.0 | -0.3, 4.3 | 0.346 | 10.9 | 0.6 | 0.1 | -1.8, 2.1 | 9.3 | 0.9 | 1.2 | -1.3, 3.6 | 0.506 |
| Nuts | 0.4 | 0.1 | 0.1 | -0.3, 0.6 | 0.4 | 0.1 | -0.2 | -0.6, 0.2 | 0.330 | 0.3 | 0.1 | 0.0 | -0.4, 0.4 | 0.5 | 0.2 | -0.3 | -0.7, 0.2 | 0.301 |
| Fish and shellfish | 1.1 | 0.1 | 0.4 | -0.7, 1.4 | 0.6 | 0.1 | 0.5 | -0.2, 1.2 | 0.830 | 0.6 | 0.3 | 0.2 | -0.8, 1.1 | 0.7 | 0.3 | 0.1 | -0.6, 0.8 | 0.890 |
| Eggs | 2.2 | 0.2 | 0.5 | -0.3, 1.3 | 2.3 | 0.2 | 1.1 | 0.1, 2.0 | 0.364 | 2.2 | 0.2 | 0.5 | -0.3, 1.2 | 1.9 | 0.3 | 1.1 | 0.2, 2.1 | 0.282 |
| White meat | 5.5 | 0.4 | -0.2 | -1.9, 1.5 | 3.5 | 0.5 | 1.8 | -0.3, 3.9 | 0.143 | 5.5 | 0.6 | -0.5 | -2.2, 1.2 | 4.7 | 0.8 | 1.0 | -1.3, 3.3 | 0.286 |
| Dairy products without sugar | 3.2 | 0.2 | 0.1 | -0.9, 1.2 | 1.3 | 0.2 | 1.3 | 0.1, 2.5 | 0.159 | 2.9 | 0.3 | 0.0 | -1, 1 | 2.0 | 0.4 | 0.9 | -0.3, 2.1 | 0.295 |
| Vegetable oils | 8.0 | 0.3 | -1.2 | -2.29, 0.02 | 6.5 | 0.5 | -0.3 | -2.1, 1.5 | 0.416 | 8.3 | 0.4 | -1.1 | -2.2, 0.1 | 7.6 | 0.7 | -0.5 | -2.4, 1.3 | 0.634 |
| Unhealthy Food | | | | | | | | | |  | | | | | | | | |
| Salty snacks | 2.8 | 0.2 | 1.2 | -0.1, 2.5 | 2.4 | 0.3 | 0.1 | -1.4, 1.5 | 0.238 | 3.7 | 0.5 | 1.4 | 0.1, 2.8 | 4.1 | 0.5 | 0.0 | -1.3, 1.3 | 0.130 |
| Sweet bread from bakery | 9.2 | 0.6 | -2.9 | -5.0, -0.9 | 5.5 | 0.6 | 1.1 | -1.2, 3.3 | 0.010 | 8.2 | 0.8 | -3.4 | -5.3, -1.4 | 5.4 | 0.8 | -0.2 | -2.5, 2.2 | 0.039 |
| Industrialized sweet bread, pastries, and crackers | 1.7 | 0.2 | 2.4 | 1.0, 3.7 | 1.2 | 0.2 | 2.9 | 1.0, 4.8 | 0.668 | 1.6 | 0.4 | 2.4 | 1, 3.7 | 1.1 | 0.5 | 2.8 | 1, 4.6 | 0.713 |
| Ready-to-eat cereals | 0.5 | 0.1 | 0.3 | -0.2, 0.8 | 0.1 | 0.1 | 0.2 | -0.2, 0.6 | 0.804 | 0.3 | 0.2 | 0.2 | -0.3, 0.7 | 0.2 | 0.1 | 0.1 | -0.3, 0.4 | 0.597 |
| Red meat | 9.5 | 0.5 | 0.4 | -1.6, 2.4 | 5.2 | 0.5 | 0.4 | -1.6, 2.4 | 0.986 | 9.5 | 0.7 | 0.4 | -1.7, 2.5 | 6.6 | 0.9 | -0.1 | -2.3, 2.1 | 0.716 |
| Processed meat | 1.1 | 0.2 | -0.1 | -0.7, 0.4 | 0.2 | 0.0 | 0.9 | -0.1, 1.9 | 0.085 | 1.2 | 0.2 | 0.0 | -0.7, 0.6 | 0.7 | 0.2 | 1.0 | -0.1, 2.1 | 0.080 |
| Yogurt with added sugar | 1.0 | 0.2 | -0.5 | -0.99, 0.01 | 0.2 | 0.1 | 0.1 | -0.3, 0.6 | 0.066 | 0.9 | 0.2 | -0.6 | -1.1, 0 | 0.3 | 0.2 | -0.1 | -0.5, 0.4 | 0.116 |
| Sweets and desserts | 1.1 | 0.2 | 1.1 | 0.03, 2.21 | 0.5 | 0.1 | 0.1 | -0.3, 0.5 | 0.092 | 0.9 | 0.3 | 1.2 | 0.1, 2.2 | 1.1 | 0.3 | 0.2 | -0.3, 0.7 | 0.080 |
| Honey, sugar, syrups | 1.4 | 0.1 | -0.8 | -1.2, -0.5 | 1.2 | 0.2 | -0.8 | -1.4, -0.3 | 0.965 | 1.3 | 0.1 | -0.8 | -1.2, -0.4 | 1.3 | 0.3 | -0.8 | -1.4, -0.3 | 0.919 |
| Animal Fats | 3.3 | 0.2 | 1.1 | 0.2, 2.1 | 2.8 | 0.3 | -0.4 | -1.5, 0.6 | 0.030 | 3.4 | 0.3 | 1.1 | 0.1, 2.1 | 3.5 | 0.4 | -0.8 | -1.9, 0.3 | 0.010 |
| Linear regression models were used to predict the means ± Standard Errors (SE) and 95% Confidence Intervals (95% CI). .Estimates were weighted to adjust for unequal probability of sampling and to be nationally representative. The sample size is 3,116 women in both unadjusted and adjusted models.  MNS 1999, Mexican Nutrition Survey 1999  MHNS 2012, Mexican Health and Nutrition Survey 2012  aDifferences adjusted by age, urbanicity, geographic area, flooring material, ceiling, walls, kitchen, water disposal and educational level. | | | | | | | | | | | | | | | | | | |