Table S1- Urinary iodine-to-creatinine ratio by frequency of dairy intake in 468 pregnant women.

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Food**  **Intake** |  | *Iodine-to-creatinine (µg/g)* | | | *Iodine-to-creatinine Non-supplement users (µg/g)* | | | | *Iodine-to-creatinine Supplement users (µg/g)* | | | |
| *n (%)* | *Median* | *P25-P75* | *p-value* | *n (%)* | *Median* | *P25-P75* | *p-value* | *n (%)* | *Median* | *P25-P75* | *p-value* |
| **Milk** |  |  |  |  |  |  |  |  |  |  |  |  |
| < 3 times a month | 121 (26) | 114 | 53-184 |  | 48 (24) | 52 | 38-87 |  | 73 (27) | 150 | 90-222 |  |
| 1 to 6 times a week | 132 (28) | 114 | 64-229 | 0.02 a | 53 (27) | 67 | 46-111 | 0.001 a | 79 (29) | 161 | 90-338 | 0.08 a |
| 1 time a day | 151 (32) | 138 | 81-241 |  | 62 (31) | 87 | 58-414 |  | 89 (33) | 187 | 117-295 |  |
| **≥** 2 times a day | 64 (14) | 124 | 77-249 |  | 36 (18) | 91 | 63-143 |  | 28 (11) | 236 | 114-361 |  |
| **Yoghurt** |  |  |  |  |  |  |  |  |  |  |  |  |
| < 3 times a month | 71 (15) | 127 | 62-216 |  | 31 (16) | 85 | 51-148 |  | 40 (15) | 160 | 84-277 |  |
| 1 to 6 times a week | 192 (41) | 113 | 64-218 | 0.28 a | 76 (38) | 63 | 45-100 | 0.02 a | 116 (43) | 173 | 105-261 | 0.34 a |
| 1 time a day | 143 (31) | 135 | 73-229 |  | 63 (32) | 88 | 51-151 |  | 80 (30) | 180 | 115-354 |  |
| **≥** 2 times a day | 62 (13) | 126 | 80-221 |  | 29 (14) | 81 | 62-118 |  | 33 (12) | 207 | 116-332 |  |
| **Cheese** |  |  |  |  |  |  |  |  |  |  |  |  |
| < 3 times a month | 71 (15) | 117 | 62-186 |  | 30 (15) | 82 | 44-111 |  | 41 (15) | 139 | 105-287 |  |
| 1 to 6 times a week | 247 (53) | 116 | 63-228 | 0.39 a | 103 (52) | 67 | 48-111 | 0.32 a | 144 (53) | 184 | 90-288 | 0.56 a |
| 1 time a day | 105 (22) | 130 | 81-222 |  | 44 (22) | 93 | 54-139 |  | 61 (23) | 174 | 114-305 |  |
| **≥** 2 times a day | 45 (10) | 131 | 86-203 |  | 22 (11) | 87 | 56-125 |  | 23 (9) | 180 | 131-379 |  |
| **Fish** |  |  |  |  |  |  |  |  |  |  |  |  |
| < 3 times a month | 71 (16) | 135 | 80-284 |  | 28 (15) | 87 | 54-144 |  | 43 (17) | 173 | 99-347 |  |
| 1 to 3 times a week | 310 (69) | 116 | 67-216 | 0.35 a | 135 (71) | 77 | 50-116 | 0.25 a | 175 (67) | 174 | 105-287 | 0.50 a |
| **≥** 4 times a week | 68 (15) | 141 | 66-257 |  | 27 (14) | 68 | 42-115 |  | 41 (16) | 204 | 123-322 |  |
| **Eggs** |  |  |  |  |  |  |  |  |  |  |  |  |
| < 3 times a month | 106 (23) | 111 | 59-207 |  | 51 (26) | 69 | 50-118 |  | 55 (20) | 196 | 85-312 |  |
| 1 to 3 times a week | 314 (67) | 128 | 73-221 | 0.37 a | 132 (66) | 81 | 47-127 | 0.76 a | 182 (68) | 173 | 115-286 | 0.95 a |
| **≥** 4 times a week | 48 (10) | 118 | 69-264 |  | 16 (8) | 72 | 55-116 |  | 32 (12) | 185 | 101-291 |  |

P25 – 25th percentile; P75 – 75th percentile; a Kruskal-Wallis