|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Product Category | n | Serve size (g) | Energy (kJ) per serve | Protein (g) per serve | Total fat (g) perserve | Carbohydrate (g) perserve | Total Sugars (g) per serve | Sodium (mg) per serve | 1Iron (mg) per serve |
| Mixed main dishes  | 84 | 170 (85-220) | 376 (207-1050) | 4.4 (1-13) | 2.4 (0.2-14.8) | 11.9 (6.2-35.4) | 3.8 (1-9.2) | 28 (5-236) | 10 (2.4-15) |
| Fruit and vegetable first foods | 73 | 120 (55-120) | 280 (140-407) | 0.6 (0.1-2.8) | 0.2 (0.09-2.5) | 14.3 (5.5-21.7) | 12 (2.8-18.6) | 4 (0-30) | -- |
| 2Dry cereals/foods | 23 | 96(50-180) | 342 (84-817) | 2.1 (0.3-4.8) | 0.9 (0.1-5.5) | 14 (4.4-30) | 5.3 (0.2-12) | 8.2 (0.7-40) | 3.1 (1.7-6.3) |
| Desserts and breakfasts | 83 | 120(55-150) | 362 (150-560) | 1.7 (0.6-9.2) | 1.3 (0.1-5.4) | 15.3 (3.4-25.1) | 9.2 (3.4-20.1) | 14 (1-73) | -- |
| Other | 19 | 90(25-111) | 239 (75-1531) | 1.1 (0.3-15) | 0.7 (0.1-1.9) | 11.9 (3.8-79) | 1 (0-3.5) | 1.4 (0-25) | 2.6 (1.1-6.3) |
| 3Savoury finger foods | 45 | 12(3-25) | 209 (40-470) | 1 (0.1-3) | 1.5 (0-3.7) | 7.3 (1.6-68) | 0.5 (0-4.9) | 10 (0-116) | 2 (1-2.4) |
| Fruit and vegetable-based finger foods | 9 | 15 (12-17) | 210 (159-230) | 0.5 (0.1-1.2) | 0.5 (0.07-0.9) | 9.7 (9.1-12) | 7.5 (5.3-10) | 5 (0-13) | -- |
| 2Sweet finger foods | 76 | 10 (4-30) | 181.5 (71-554) | 0.8 (0.2-2.8) | 1.1 (0-7.9) | 7.1 (3.8-18.7) | 1.6 (0.2-11) | 4.5 (0-56) | 2.4 (1-2.8) |
| Drinks | 2 | 200 (200-200) | 253 (238-268) | 0.1 (0.1-0.2) | 0.1 (0.1-0.2) | 14.9 (14.3-15.4) | 13.4 (13-13.7) | 7.3 (2-12.6) | -- |

**Supplementary Table 1:** Median (range)serve size and nutrient content per serve of infant and toddler food products

1Iron was reported for n=50 products

2 Quantity per serve and nutrient content for dry cereals were reported as prepared products made up with water, milk, or expressed breast milk

3Serve size for n=6 savoury finger foods were missing

4Serve size for n= 2 sweet finger foods were missing