

**Supplementary Figure 1**. Flow chart of participants in the COMBINE birth cohort study to 9 months

**Supplementary Table S1**.Reasons for breastfeeding cessation in the COMBINE birth cohort study

|  |  |
| --- | --- |
| Reason | % |
| Faltering growth/insufficient milk supply | 27.4 |
| Latch difficulties | 11.4 |
| Planned to stop at this age | 11.0 |
| Too time consuming/inconvenient/night feeds | 10.5 |
| Infection or sore, cracked and/or bleeding nipples | 10.0 |
| Return to work | 8.2 |
| Maternal illness/medication | 6.8 |
| Baby self-weaned/lost interest | 6.8 |
| Personal reasons (didn’t like it/was embarrassed) | 5.5 |
| Baby was ill, had colic, reflux or tongue-tie | 4.5 |
| Advised by a healthcare professional | 4.1 |
| Reason for breastfeeding cessation in participants who ceased breastfeeding by the 9 month visit (*n* = 220). Participants may have provided more than one reason. |

**Supplementary Table S2**. Supplementary fluid use in the COMBINE birth cohort study

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 1 month(*n* = 418) | 2 months(*n* = 392) | 4 months(*n* = 366) | 6 months(*n* = 363) |
| *Supplementary Fluids (%)* Water1 Sugary water1 Herbal teas1 Fruit juice1 | *34.0*81.720.47.02.1 | *41.1*83.921.19.33.7 | *42.3*85.711.08.45.8 | *70.2*94.56.34.311.4 |
| Data refer to since last visit. 1In those who gave supplementary fluids. |