**Search strategy in PubMed:**

1. probiotic\* OR lactobacill\* OR bifidobacteri\* OR saccharom\*
2. probiotics[MeSH Terms]
3. pregnancy[MeSH Terms]
4. Pregnan\* OR gestation\* OR gravida\*
5. (randomized controlled trial[pt] OR controlled clinical trial[pt] OR randomized[tiab] OR placebo[tiab] OR drug therapy[sh] OR randomly[tiab] OR trial[tiab] OR groups[tiab]) NOT (animals [mh] NOT humans [mh])
6. (#1 OR #2) AND (#3 OR #4) AND #5

**Search strategy in EmBase:**

(probiotic\* OR lactobacill\* OR bifidobacteri\* OR saccharom\*) AND (Pregnan\* OR gestation\* OR gravida\*) AND (“randomized controlled trial” OR “controlled clinical trial” OR randomized OR placebo OR drug therapy OR randomly OR trial OR groups) AND human