|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Appendix**  See Table 7.  **Table 7** Correlation coefficients among energy-adjusted total dietary iron, different forms of iron and sources of iron among controls | | | | | | | |
|  | Total dietary iron | Heme iron | Non-heme iron | Iron from plants | Iron from meat | Iron from white meat | Iron from red meat |
| Total dietary iron | 1.000 | 0.229\*\* | 0.974\*\* | 0.396\*\* | 0.323\*\* | 0.156\*\* | 0.182\*\* |
| Heme iron |  | 1.000 | 0.040 | 0.136\*\* | 0.934\*\* | 0.422\*\* | 0.923\*\* |
| Non-heme iron |  |  | 1.000 | 0.380\*\* | 0.148\*\* | 0.072\*\* | 0.006 |
| Iron from plants |  |  |  | 1.000 | 0.172\*\* | 0.198\*\* | 0.072\*\* |
| Iron from meat |  |  |  |  | 1.000 | 0.586\*\* | 0.808\*\* |
| Iron from white meat |  |  |  |  |  | 1.000 | 0.120\*\* |
| Iron from red meat |  |  |  |  |  |  | 1.000 |
| \*\* Correlations are significant (*P*<0.01). | | | | | | | |