

SUPPLEMENTARY TABLE 1

Characteristics of excluded participants at baseline.

Variable (unit)	N	Mean or Percent	SD	Range
Age (years)	1,437	46.5	7.6	29.9-60.7
Sex, no.	1,437			
Female	728	50.7 %		
Male	709	49.3 %		
Total Cholesterol (mmol/L)	1,394	5.56	1.15	2.80-16.0
HDL Cholesterol (mmol/L)	1,393	1.43	0.41	0.58-4.42
LDL Cholesterol (mmol/L)	1,376	3.52	0.97	1.09-11.3
Triglycerides (mmol/L)	1,394	1.40	2.00	0.30-60.4
Systolic blood pressure (mmHg)	1,437	130	18	85-216
Diastolic blood pressure (mmHg)	1,436	82	11	47-140
BMI (kg/m ²)	1,436	26.7	4.8	15.9-56.9
Prevalent diabetes	101	7.0 %		
Prevalent CVD	36	2.5 %		
Smoking status, no.*	1,437			
Daily smoker	524	37.5 %		
Occasional smoker	36	2.6 %		
Former smoker	355	25.4%		
Never smoker	484	34.6 %		
Alcohol consumption, no.*	1,437			
Abstinent	125	8.7%		
Within recommendations	951	66.2%		

Borderline	168	11.7%
Overuse	59	4.1%
Physical activity, no.*	1,437	
0-112,5 min	166	11.6%
142,5-225 min	289	20.1%
255-420 min	632	44.0 %
450-720 min	179	12.5 %
Socioeconomic status*	1,437	
Low	295	20.5 %
Medium	816	56.8 %
High	152	10.6 %

Abbreviations: suPAR, soluble urokinase plasminogen activator receptor. *Missing data is not shown