**Supplemental Table 1.** Average modelled fish intake recommendations for the different background exposure scenaios

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Lean(fatty) fish, g/week**  **Women**  **/Men** | **Winter** | **Mid-season** | **Summer** | **Winter**  **LD** | **Mid-season LD** | **Summer**  **LD** |
| **Individual intake other foods**  **Individual intake supplements** | 154(282)  /182(316) | 89(139)  /111(161) | 88(138)  /111(161) | 155(282)  /182(317) | 89(139)  /111(162) | 88(138)  /111(161) |
| **Individual intake other foods**  **No supplements** | 226(440)  /228(417) | 90(140)  /112(162) | 88(138)  /111(161) | 226(441)  /228(417) | 91(140)  /112(162) | 88(138)  /111(161) |
| **Average intake other foods**  **Average intake supplements** | 89(140)  /113(166) | 89(140)  /111(163) | 89(140)  /111(163) | 89(140)  /113(167) | 89(140)  /111(163) | 89(140)  /111(163) |
| **Average intake other foods**  **No supplements** | 223(435)  /223(409) | 89(140)  /111(163) | 89(140)  /111(163) | 223(435)  /223(409) | 89(140)  /111(163) | 89(140)  /111(163) |

LD, low dioxin