**Supplemental table 4.** Differences in mean World Cancer Research Fund and American Institute for Cancer Research (WCRF/AICR) lifestyle scores between groups of 2-10 years post diagnosis CRC survivors in the EnCoRe-study (n=145).

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Number of participants**  | **(%)** | **Mean score****(range 0-10)**  | **(SD)** | **Mean score without PA** **(Range 0-8)** | **(SD)** |
| Gender1 Men Women | 9154 | (62.8)(37.2) | 5.15.0 | (1.3)(1.5) | 4.04.0 | (1.1)(1.1) |
| Body Mass Index, mean (SD)2 |
|  <25 25-<30 30 or > | 396640 | (26.9)(45.5)(27.6) | 5.65.14.3 | (1.5)(1.3)(1.2) | 4.44.13.5 | (1.2)(1.0)(1.0) |
| Number of comorbiditiesb01≥2 | 353674 | **(**24.1)(24.8)(51.0) | 5.45.44.8 | (1.3)(1.4)(1.4) | 4.04.43.8 | (1.1)(1.1)(1.1) |
| Smoking1Current Non-current | 16129 | (11.0)(88.9) | 4.25.2 | (1.5)(1.4) | 3.34.1 | (1.3)(1.1) |
| Education level2LowMediumHigh | 374860 | (25.5)(33.1)(41.4) | 4.75.15.3 | (1.5)(1.3)(1.4) | 3.84.14.1 | (1.2)(1.1)(1.1) |
| Tumour location1 ColonRectosigmoid / Rectum | 7867 | (53.8)(46.2) | 5.15.0 | (1.5)(1.3) | 4.13.9 | (1.1)(1.1) |
| Tumour stage2Stage 1Stage 2 Stage 3 | 405047 | (29.2)(36.5)(34.3) | 5.04.85.4 | (1.3)(1.4)(1.4) | 4.03.94.2 | (1.0)(1.2)(1.1) |
| Cancer treatment1No chemotherapyChemotherapy (yes) | 7075 | (48.3)(51.7) | 4.95.2 | (1.5)(1.3) | 4.04.1 | (1.2)(1.0) |
| Stoma1NoYes | 12124 | (83.4)(16.6) | 5.14.9 | (1.4)(1.2) | 4.13.8 | (1.1)(1.0) |
| Gastro-intestinal problems1 |
|  Yes No | 5489 | (37.8)(62.2) | 4.95.1 | (1.3)(1.4) | 3.94.1 | (1.0)(1.1) |

Abbreviations:CRC, colorectal cancer; n, number, %, percentage; SD, standard deviation.

1Differences in WCRF/AICR scores for categorical variables with two categories are estimated using the independent sample T-test.

2Differences in WCRF/AICR scores for categorical variables with three categories are estimated using the analysis of variance (ANOVA).