**Supplemental table 4.** Differences in mean World Cancer Research Fund and American Institute for Cancer Research (WCRF/AICR) lifestyle scores between groups of 2-10 years post diagnosis CRC survivors in the EnCoRe-study (n=145).

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Number of participants** | **(%)** | **Mean score**  **(range 0-10)** | **(SD)** | **Mean score without PA**  **(Range 0-8)** | **(SD)** |
| Gender1  Men  Women | 91  54 | (62.8)  (37.2) | 5.1  5.0 | (1.3)  (1.5) | 4.0  4.0 | (1.1)  (1.1) |
| Body Mass Index, mean (SD)2 | | | | | | |
| <25  25-<30  30 or > | 39  66  40 | (26.9)  (45.5)  (27.6) | 5.6  5.1  4.3 | (1.5)  (1.3)  (1.2) | 4.4  4.1  3.5 | (1.2)  (1.0)  (1.0) |
| Number of comorbiditiesb  0  1  ≥2 | 35  36  74 | **(**24.1)  (24.8)  (51.0) | 5.4  5.4  4.8 | (1.3)  (1.4)  (1.4) | 4.0  4.4  3.8 | (1.1)  (1.1)  (1.1) |
| Smoking1  Current  Non-current | 16  129 | (11.0)  (88.9) | 4.2  5.2 | (1.5)  (1.4) | 3.3  4.1 | (1.3)  (1.1) |
| Education level2  Low  Medium  High | 37  48  60 | (25.5)  (33.1)  (41.4) | 4.7  5.1  5.3 | (1.5)  (1.3)  (1.4) | 3.8  4.1  4.1 | (1.2)  (1.1)  (1.1) |
| Tumour location1  Colon  Rectosigmoid / Rectum | 78  67 | (53.8)  (46.2) | 5.1  5.0 | (1.5)  (1.3) | 4.1  3.9 | (1.1)  (1.1) |
| Tumour stage2  Stage 1  Stage 2  Stage 3 | 40  50  47 | (29.2)  (36.5)  (34.3) | 5.0  4.8  5.4 | (1.3)  (1.4)  (1.4) | 4.0  3.9  4.2 | (1.0)  (1.2)  (1.1) |
| Cancer treatment1  No chemotherapy  Chemotherapy (yes) | 70  75 | (48.3)  (51.7) | 4.9  5.2 | (1.5)  (1.3) | 4.0  4.1 | (1.2)  (1.0) |
| Stoma1  No  Yes | 121  24 | (83.4)  (16.6) | 5.1  4.9 | (1.4)  (1.2) | 4.1  3.8 | (1.1)  (1.0) |
| Gastro-intestinal problems1 | | | | | | |
| Yes  No | 54  89 | (37.8)  (62.2) | 4.9  5.1 | (1.3)  (1.4) | 3.9  4.1 | (1.0)  (1.1) |

Abbreviations:CRC, colorectal cancer; n, number, %, percentage; SD, standard deviation.

1Differences in WCRF/AICR scores for categorical variables with two categories are estimated using the independent sample T-test.

2Differences in WCRF/AICR scores for categorical variables with three categories are estimated using the analysis of variance (ANOVA).