**Supplemental Table S10: Association between reduced versions of the mPNNS-GS, modeled as standardized continuous variables, and healthy aging (N=2,329)**\*

|  |  |  |
| --- | --- | --- |
|  | **OR (95%-CI)** | **P** |
| mPNNS-GS without the item on **alcoholic beverages** | 1.14 (1.03; 1.25) | ***0.009*** |
| mPNNS-GS without the item on **water and soda**  | 1.15 (1.04; 1.27) | ***0.006*** |
| mPNNS-GS without the item on **whole-grain foods** | 1.16 (1.05; 1.28) | ***0.005*** |
| mPNNS-GS without the item on **starchy foods** | 1.15 (1.04; 1.27) | ***0.006*** |
| mPNNS-GS without the item on **fruit and vegetables** | 1.14 (1.02; 1.27) | ***0.02*** |
| mPNNS-GS without the item on **dairy products** | 1.14 (1.03; 1.26) | ***0.009*** |
| mPNNS-GS without the item on **seafood** | 1.13 (1.03; 1.25) | ***0.01*** |
| mPNNS-GS without the item on **total added fat** | 1.14 (1.03; 1.26) | ***0.009*** |
| mPNNS-GS without the ratio of **vegetable added fats to total added fat** | 1.18 (1.07; 1.30) | ***0.001*** |
| mPNNS-GS without the item on **salt** | 1.13 (1.03; 1.24) | ***0.01*** |
| mPNNS-GS without the item on **sweetened foods** | 1.14 (1.04; 1.26) | ***0.007*** |
| mPNNS-GS without the item on **meat, poultry, seafood, and eggs** | 1.13 (1.03; 1.25) | ***0.01*** |

Abbreviations: DQI-I, Dietary Quality Index- International; PANDiet, Probability of Adequate Nutrient Intake Dietary Score; mPNNS-GS, modified Programme National Nutrition Santé- Guideline Score; OR, odds ratio; 95%-CI, 95%-confidence interval ; Q, quartile.

\*Logistic regression models were adjusted for age, gender, supplementation group, occupation, living arrangement, smoking status, educational level, follow-up time, energy intake, number of 24h records, physical activity and alcohol intake. Moreover, each model was adjusted for the component of the mPNNS-GS that had been taken out of the score to form a reduced version of the mPNNS-GS. Inverse probability weighting was applied.