**Supplemental Table S9: Association between quartiles of dietary scores and healthy aging, stratified by age at follow-up (N=2,329)**\*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Q1** | **Q2** | **Q3** | **Q4** | **P 2** |
| **< 65 years (n=1193)**  |
| mPNNS-GS | 1 (-) | 1.22 (0.87; 1.70) | 1.29 (0.92; 1.82) | 1.51 (1.06; 2.16) | 0.03 |
| PANDiet | 1 (-) | 1.01 (0.74; 1.40) | 1.04 (0.75; 1.44) | 1.34 (0.97; 1.85) | 0.09 |
| DQI-I | 1 (-) | 1.57 (1.14; 2.17) | 1.49 (1.07; 2.07) | 1.31 (0.94; 1.83) | 0.15 |
| **≥ 65 years (n=1136)**  |
| mPNNS-GS | 1 (-) | 1.27 (0.86; 1.87) | 1.25 (0.82; 1.88) | 1.63 (1.07; 2.47) | *0.03* |
| PANDiet | 1 (-) | 1.19 (0.81; 1.74) | 1.20 (0.81; 1.76) | 1.34 (0.91; 1.97) | *0.16* |
| DQI-I | 1 (-) | 1.18 (0.80; 1.73) | 1.18 (0.80; 1.73) | 1.26 (0.86; 1.85) | *0.17* |

Abbreviations: DQI-I, Dietary Quality Index- International; PANDiet, Probability of Adequate Nutrient Intake Dietary Score; mPNNS-GS, modified Programme National Nutrition Santé- Guideline Score; Q: quartile.

\*Values are OR (95% confidence interval), calculated in logistic regression models adjusted for age, gender, supplementation group, occupation, living arrangement, smoking status, educational level, follow-up time, energy intake, number of 24h records, physical activity and alcohol intake (except for the mPNNS-GS), with application of inverse probability weighting. The quartiles were calculated specifically for each age-group.

†P for trend.