**Supplementary Table 3: Sex-specific adjusted1 odds ratios for oily fish consumption by socioeconomic indicator**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Men** | **Women** |  |
|   | **OR**  | **95% CI** | **OR**  | **95% CI** |  |
| **Equivalised household income (£)**2 |  |  |  |  |  |
|  ≤14,999 | REF |  | REF |  |  |
|  15,000 – 24,999 | 1.69\* | 0.88, 3.27 | 1.87\* | 1.08, 3.22 |  |
|  25,000 – 34,999 | 2.26\* | 1.18, 4.35 | 2.18\* | 1.25, 3.81 |  |
|  35,000 – 49,999 | 2.16\* | 1.08, 4.31 | 2.91\* | 1.61, 5.23 |  |
|  ≥50,000 | 2.97 | 1.50, 5.84 | 5.12\* | 2.83, 9.30 |  |
| **Occupational class**3 |  |  |  |  |  |
|  Routine | REF |  | REF |  |  |
|  Semi-routine | 0.8 | 0.36, 1.77 | 1.02 | 0.47, 2.23 |  |
|  Lower supervisory & technical | 0.66 | 0.29, 1.48 | 1.01 | 0.45, 2.28 |  |
|  Small employers | 1.44 | 0.68, 3.02 | 1.37 | 0.65, 2.91 |  |
|  Intermediate  | 1.24 | 0.50, 3.06 | 1.78 | 0.83, 3.82 |  |
|  Lower managerial & professional  | 2.15\* | 1.17, 3.95 | 2.31\* | 1.20, 4.43 |  |
|  Higher managerial & professional  | 1.61 | 0.84, 3.08 | 3.74\* | 1.80, 7.77 |  |
| **Highest educational level**4 |  |  |  |  |  |
| No qualifications | REF |  | REF |  |  |
| GCSE/equivalent | 1.02 | 0.56, 1.90 | 1.78\* | 1.05, 3.02 |  |
| Further or higher education | 1.73 | 0.99, 3.03 | 2.22\* | 1.31, 3.76 |  |
| Degree or higher | 2.07\* | 1.18, 3.63 | 4.00\* | 2.30, 6.84 |  |

OR: odds ratio; 95% CI: 95% confidence interval

1Models adjusted for age, ethnicity, total energy intake, survey year. 2Equivalisation based on modified OECD method described in Methods. 3Occupational class is of the Household Reference Person. 4Highest educational level is of the participant

\* Statistically significant difference from the reference group at the *P*<0.05 level