**SUPPLEMENTARY DATA**

**Effects of vitamin E, vitamin C and polyphenols on rate of blood pressure variation: results of two randomised controlled trials**

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**Figure S1** Differences in the weighted 24 h standard deviation (SD) of blood pressure (BP) for -tocopherol (-Toc) and mixed tocopherols (Mixed Toc) relative to placebo. Values are mean and SEM.



**Figure S2** Differences in the weighted 24 h standard deviation (SD) of blood pressure (BP) for vitamin C (VC), polyphenols (Poly) and vitamin C plus polyphenols (VC+Poly) relative to placebo. Values are mean and SEM.