

Supplemental table. Food items and serving size of fried food considered from the food frequency questionnaire (FFQ).

Food items	Serving size
Eggs	1 (60 g)
Poultry	150 g
Red meat (beef, veal, pork, lamb, rabbit)	150 g
Liver/entrails (brain, heart)	100 g
Sausages and meat products	50 g
Hamburger	1 (100 g)
Bacon	50 g
Fish (white/blue)	150 g
Codfish	150 g
Shellfish	150 g
Chips/French fries	150 g
Doughnut/<i>churro</i>	1 doughnut/100 g <i>churro</i>
Croquette	135 g